

Appendix C

# California State University Chico

## Major: Nutr & Food: Comm (BS)

### Option Course Plan

Catalog Year: Current

Degree Units: 120

| Semester 1           |           |
|----------------------|-----------|
| BIOL 104 (GE B2)     | 4         |
| HIST 130 or POLS 155 | 4         |
| NFSC 155 (Fall only) | 1         |
| GE Area A1           | 3         |
| GE Area A2           | 3         |
| <b>Total Units</b>   | <b>15</b> |

| Semester 2         |           |
|--------------------|-----------|
| CHEM 107 (GE B1)   | 4         |
| NFSC 120           | 3         |
| MATH 105 (GE B4)   | 3         |
| GE Area A3         | 3         |
| Elective or Minor  | 3         |
| <b>Total Units</b> | <b>16</b> |

| Semester 3                      |           |
|---------------------------------|-----------|
| NFSC 122 (Fall only)            | 2         |
| HIST 130 or POLS 155            | 3         |
| Lower Division GE Course        | 3         |
| CMST 233, CMST 235, or PHHA 369 | 3         |
| CHEM 108 (B1)                   | 3         |
| <b>Total Units</b>              | <b>14</b> |

| Semester 4               |           |
|--------------------------|-----------|
| BIOL 211                 | 4         |
| NFSC 390 (Spring only)   | 2         |
| NFSC 340                 | 3         |
| Lower Division GE Course | 3         |
| NFSC 230 (Spring only)   | 3         |
| <b>Total Units</b>       | <b>15</b> |

| Semester 5                     |           |
|--------------------------------|-----------|
| NFSC 303 (Health and Wellness) | 3         |
| NFSC 320 (Fall only)           | 3         |
| NFSC 360                       | 3         |
| Lower Division GE Course       | 3         |
| Elective or Minor              | 3         |
| <b>Total Units</b>             | <b>15</b> |

| Semester 6                   |           |
|------------------------------|-----------|
| NFSC 318 (Spring only)       | 3         |
| NFSC 345W (Spring only)      | 3         |
| NFSC Area of Study Selection | 3         |
| GE UD Pathway                | 3         |
| Elective or Minor            | 3         |
| <b>Total Units</b>           | <b>15</b> |

| Semester 7                   |           |
|------------------------------|-----------|
| NFSC 365                     | 3         |
| NFSC Area of Study Selection | 3         |
| Lower Division GE Course     | 3         |
| Lower Division GE Course     | 3         |
| GE UD Pathway                | 3         |
| <b>Total Units</b>           | <b>15</b> |

| Semester 8                   |           |
|------------------------------|-----------|
| NFSC 429W (GW) (Spring only) | 3         |
| NFSC 455 (spring only)       | 1         |
| NFSC 465                     | 3         |
| NFSC 489                     | 2         |
| GE UD Pathway                | 3         |
| Elective or Minor            | 3         |
| <b>Total Units</b>           | <b>16</b> |

| Comments                                                                                                                                                                                                                                                                                                                                         |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| It is recommended that you meet with your major advisor early in your academic career and every semester.                                                                                                                                                                                                                                        |
| Manipulate and create your own semester by semester plan using your Smart Planner in your Portal.                                                                                                                                                                                                                                                |
| Review your Degree Progress Report (DPR) in your Student Center, meet with your Major Department Advisor for major coursework, and meet with an Academic Advisor in SSC 220 to review General Education and Graduation requirements.                                                                                                             |
| Consider taking the Upper-division Health and Wellness Pathway.                                                                                                                                                                                                                                                                                  |
| University Writing Requirement: You must complete a GE Written Communication (A2) course with a grade of C- or higher, and a Graduation Writing Assessment Requirement (GW) course in your major with a grade of C- or higher. In addition you must complete 2 additional Writing (W) courses, see your DPR for specific writing course options. |
| Consider meeting the United States Diversity and Global Cultures requirements within GE courses.                                                                                                                                                                                                                                                 |
| Apply to graduate one year before anticipated graduation date. Priority registration is guaranteed your final semester if you applied for graduation by the stated deadline.                                                                                                                                                                     |