





# Whole-Child Design Content

The content of the four sessions is based on Turnaround for Children's Blueprint for Whole-Child Design. Each session will include science grounding, implications for practice, concrete tools and time for team discussions about application to your school or district context.

### **Session 1:**

## The Science of Learning and Development

In this session, participants will understand how the brain develops, responds to stress and trauma and what that means for teaching, learning and equity, particularly as we re-engage students during this challenging period.

#### **Session 2:**

### **Developmental Relationships**

This session will focus on the first and foundational component of Whole-Child Design – Developmental Relationships. We will explore the science behind human relationships and discover the power of positive developmental relationships as

the "active ingredient" in any equitable learning environment. Participants will gather practical strategies for focusing on rebuilding relationships as students adapt back to in-person learning.



### **Session 3:**

## **Supportive Environments**

In this session, participants will learn about the brain's natural inclination towards predictability and the power of inclusion and belonging. When environments are orderly, the brain is calmer and more focused, and students are more engaged in the learning process. Participants will gather strategies for creating environments that are supportive and inclusive of multiple backgrounds, cultures and contexts so that all students can learn and thrive.

#### **Session 4:**

# Integrated Knowledge, Skills and Mindsets

The science of learning and development shows us that learning isn't"academic" OR "social and emotional" – students become increasingly capable of complex skills through the integration of their cognitive, social, and emotional development. In this turbulent time, this session will explore the integrated development of skills and mindsets by focusing on how equitable learning environments support self-awareness and student agency. Participants will learn how co-regulation helps students strengthen the skills, mindsets and habits to persevere in the face of challenges.