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Introduction
The faculty of the School of Nursing at California State University, Chico welcomes you to the Master of Science in Nursing Program. The guidelines in this booklet are a supplement to the "University Catalog" and were developed to help you understand the expectations of this nursing program. Your suggestions to make these "Guidelines" continuously useful are welcomed.

The School of Nursing is an integral unit of the College of Natural Sciences at California State University, Chico, and, in accord with the primary goal of the University, provides a quality education. The School of Nursing further subscribes to the University's commitment to serve the population of northern California.

University Goals and Strategic Priorities
The University, College of Natural Sciences, and School of Nursing have identified six goals known as strategic priorities, which are as follows:

**Strategic Priority #1:** Believing in the primacy of student learning, we will continue to develop high quality learning environments both in and outside of the classroom.

**Strategic Priority #2:** Believing in the importance of faculty and staff, and their role in student success, we will continue to invest in faculty and staff development.

**Strategic Priority #3:** Believing in the value of the wise use of new technologies in learning and teaching, we will continue to provide the technology, the related training, and the support needed to create high quality learning environments both in and outside of the classroom.

**Strategic Priority #4:** Believing in the value of service to others, we will continue to serve the educational, cultural, and economic needs of Northern California.

**Strategic Priority #5:** Believing that we are accountable to the people of the State of California, we will continue to diversify our sources of revenue and manage the resources entrusted to us.

**Strategic Priority #6:** Believing that each generation owes something to those that follow, we will create environmentally literate citizens who embrace sustainability as a way of living. We will be wise stewards of scarce resources and, in seeking to develop the whole person, be aware that our individual and collective actions have economic, social, and environmental consequences locally, regionally, and globally.

Mission of the School of Nursing
“To prepare professional nurses who are leaders, excellent clinicians and lifelong scholars.”

As such, the school provides high quality, student-centered learning environments that incorporate evidence-based care and clinical reasoning. The school supports faculty and student scholarly
activities and encourages lifelong learning. The school also fosters service to others through our extensive community and regional collaboration with external healthcare stakeholders.

**Graduate Program Expected Student Learning Outcomes (SLO)**

SLO #1: Integrate theory and research from the Sciences and Humanities in the delivery of evidence-based nursing practice.

SLO #2: Utilize leadership skills to influence the quality of health care at the organizational and/or systems level.

SLO #3: Demonstrate the knowledge, skills and attitudes necessary to improve the quality and safety of the environments graduates practice.

SLO #4: Translate and apply evidence-based research in nursing practice.

SLO #5: Integrates current informatics and health care technologies in nursing practice.

SLO #6: Use health policy, political skills and advocacy to influence positive change in health care delivery.

SLO #7: Demonstrates inter-professional collaboration for improving patient and population health outcomes.

SLO #8: Identifies clinical prevention strategies to improve health of selected populations.

SLO #9: Demonstrates Master’s level knowledge, skills, and attitudes needed to lead nursing education, leadership, and practice.

**Curriculum**

The curriculum is organized around the Essentials of Master’s Education document published in 2011 by the American Association of Colleges of Nursing (AACN). The School of Nursing adheres to the Graduate Nursing Core that has been identified as foundational curriculum content deemed essential for all students who pursue a master's degree in nursing regardless of specialty or functional focus. The Essentials of Master's Education in Nursing identifies the necessary curricular elements and frameworks required of master's programs. The document delineates the core knowledge and skills that all master's-prepared graduates, regardless of focus, major, or intended practice setting, should acquire in nine foundational master’s level competency areas:

**Essential I** – Background for Practice from Sciences and Humanities

**Essential II** - Organizational and Systems Leadership

**Essential III** - Quality Improvement and Safety

**Essential IV** - Translating and Integrating Scholarship into Practice

**Essential V** - Informatics and Healthcare Technologies

**Essential VI** - Health Policy and Advocacy

**Essential VII** - Interprofessional Collaboration for Improving Patient and Population Health Outcomes

**Essential VIII** - Clinical Prevention and Population Health for Improving Health

**Essential IX** - Master’s-Level Nursing Practice

The entire Masters Essentials of Nursing Education document can be read at: [http://www.aacnnursing.org/Portals/42/Publications/MastersEssentials11.pdf](http://www.aacnnursing.org/Portals/42/Publications/MastersEssentials11.pdf)

In addition, in 2012 the National League of Nursing Task Group on Nurse Educator Competencies published eight standards specific to the role of the nurse educator. The NLN standards are incorporated into the Nurse Educator option and are values held by the graduate faculty. The core competencies have been identified as the following:
Competency 1: Facilitate learning.
Competency 2: Facilitate learner development and socialization.
Competency 3: Use assessment and evaluation strategies.
Competency 4: Participate in curriculum design and evaluation of program outcomes.
Competency 5: Function as a change agent and leader.
Competency 6: Pursue continuous quality improvement in the nurse educator role.
Competency 7: Engage in scholarship.
Competency 8: Function within the educational environment.
Further description of each competency can be found at: [http://www.nln.org/professional-development-programs/competencies-for-nursing-education/nurse-educator-core-competency](http://www.nln.org/professional-development-programs/competencies-for-nursing-education/nurse-educator-core-competency)

When the Nursing Leadership option was added, the School of Nursing incorporated the American Organization of Nurse Executive (AONE) competencies into the curriculum. These competencies detail the skills, knowledge, and abilities that guide the practice of nurse leaders in executive practice regardless of their educational level, title or setting. The competencies are captured in a model developed in 2004 by the Healthcare Leadership Alliance that identify the common core set of competency domains for health care leadership. The core competencies have been identified as the following:

**Competency 1:** Communication and relationship management
**Competency 2:** Knowledge of the health care environment
**Competency 3:** Leadership
**Competency 4:** Professionalism
**Competency 5:** Business skills and principles

**Organizing Framework of the School of Nursing (Rev. June 2013)**

A visual depiction of the mission, vision, values, strategies, program structural elements, curricular foundations, and student learning outcomes for the undergraduate at CSU, Chico are noted on page 4. These elements provide the foundation for the development of the curriculum and are consistent with the mission and goals of the College of Natural Sciences and the university.
CSU Chico School of Nursing Organizing Framework

Vision
Empower and transform graduates to meet global health care challenges in the 21st century

Mission
To prepare professional nurses who are leaders, excellent clinicians and lifelong scholars.

Values
Integrity Accountability Caring Diversity Innovation Respect

Strategies
Creative teaching methods Student centered learning Community engagement Integration of clinical and theoretical learning Interdisciplinary collaboration

Program Structural Elements
- Clearly defined student selection criteria
- Maintain a well-qualified faculty
- A positive supportive culture
- Active solicitation of student input
- Continuous program assessment and improvement
- Acquire resources needed to achieve program vision and mission

Curricular Foundations
<table>
<thead>
<tr>
<th>Psychomotor skill development</th>
<th>Clinical reasoning</th>
<th>Quality and safety</th>
<th>Patient Centered Care</th>
<th>Evidence Based Practice</th>
<th>Nursing Therapeutics</th>
<th>Population Health</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leadership</td>
<td>Advocacy</td>
<td>Legal issues</td>
<td>Ethical issues</td>
<td>Global Health</td>
<td>Clinical Prevention</td>
<td>Lifelong Learning</td>
</tr>
<tr>
<td>Health Promotion</td>
<td>Economics</td>
<td>Policy</td>
<td>Communication</td>
<td>Collaboration</td>
<td>Information Management</td>
<td>Professional Role Development</td>
</tr>
</tbody>
</table>

Integrate liberal education to inform baccalaureate generalist nursing practice.

Demonstrate the knowledge and skills in leadership, quality improvement, and patient safety necessary to provide high quality healthcare.

Demonstrate professional practice grounded in current evidence and best practices.

Illustrate cultural awareness when caring for diverse patient populations.

Student Learning Outcomes

Use knowledge and skills in information management and technology to the delivery of quality patient care.

Describe how financial and regulatory healthcare policies influence the nature and functioning of the healthcare system.

Demonstrate communication and collaboration among healthcare professionals to achieve quality and safe patient care.

Utilize clinical prevention at the individual and population level to improve health.

Demonstrate professional behavior as fundamental to the discipline of nursing.

Provide nursing care to patients, families, groups, communities, and populations across the lifespan.

Demonstrate the appropriate individualized application and use of the nursing process in all baccalaureate generalist nurse roles.
Graduates of the Master of Science in Nursing (MSN) program, depending on the option taken, are prepared for two different roles. Students completing the nurse educator option have a clinical focus in adult health and are prepared to function in the roles of educator and adult health clinician to enhance nursing education and health care delivery in rural as well as urban areas. This includes the ability to perceive the need for change and to effectively design and implement programs as well as conduct research that can result in change at local, regional and national levels. Students completing the nursing leadership option expand their knowledge in areas such as leadership, management, research, and health care finance so that they are better prepared to hold influential health advisory positions at the organizational and system level. Students apply this new knowledge through a mentored clinical practicum focused on leadership and management.

**Brief Description of the Program**

Both the Nurse Educator and Nursing Leadership options comprise a 30 unit curriculum. Theoretical course content is delivered online. Each option have required practicum hours that are not delivered online. These hours can usually be completed by working closely with an identified experienced nurse educator or an experienced nurse leader in the student’s home community. A two unit practicum course requires 90 hours of time with the identified nurse mentor.

**Nurse Educator Option**

The Nurse Educator option has several components to the curriculum: the core courses, the option specific curriculum and instructional process courses, the adult health courses, and the problem solving professional paper. The core courses provide a foundation in nursing research, the development and use of nursing theory and conceptual models, and the nurse educator role. The instructional process and curriculum courses examine the literature and research on learning theory, teaching-learning strategies and student evaluation as well as curriculum development and program evaluation for use in education and practice settings. The teaching practicum provides the opportunity for students to apply these principles by team teaching with a master teacher in a school of nursing or in a staff development setting. The adult health theory and clinical courses explore advanced nursing knowledge in pathophysiology, pharmacology, and physical assessment in the context of adult health and the nurse educator role. Course content also examines the larger social context in which advanced nursing care must exist and the potential impact of that context on individual practice. The advanced clinical adult health practicum course provides the opportunity for students to assess selected components of a selected clinical microsystem.

**Nursing Leadership Option**

The Nursing Leadership option has three components to the curriculum: the core courses, the option specific leadership and financial management courses, and the problem solving professional paper. The core courses provide a foundation in nursing research, the development and use of nursing theory, conceptual models, and the advanced nursing leadership role. The nursing leadership courses provide the theoretical foundations and conceptual principles of nursing leadership and the skills necessary to practice leadership competently in broad based health care environments. The leadership courses also focus on understanding universal principles of leadership and management that form the basis of the study of change in health care organizations. The financial management courses explore principles of fiscal management in the health care environment; including health care reimbursement; the dynamic relationship between quality, cost, and access; the impact of health care reform; and fiscal tools helpful for organizational leadership and management. The leadership practicum provides the opportunity for students to apply these principles by working with a nursing leader/preceptor in a clinical setting. Course content also examines the larger social context in which advanced leadership must exist and the potential impact of that context on leadership/management practice.
MSN Class Schedule

The required courses for the **Nurse Educator Option** are:

**Semester 1**
NURS 650 Instructional Process in Nursing Education (4 units)
NURS 651 Curriculum Process in Nursing Education (2 units)

**Semester 2**
NURS 640 Advanced Concepts for Adult Nursing Care (4 units)
NURS 647 Advanced Practicum in Nursing Care of Adults (2 units)

**Semester 3**
NURS 610 Health Care Informatics (2 units)
NURS 620 Advanced Nursing Research and Theory (4 units)

**Semester 4**
NURS 630 Dynamics of the Advanced Nursing Role (2 units)
NURS 645 Issues and Ethics in the Delivery of Health Care (2 units)
NURS 660 Research Thesis/Project Proposal Seminar (2 unit)

**Semester 5**
NURS 685 Practicum for Instructional Process in Nursing Education (2 units)
NURS 699P/ NURS699T/ NURS 697P Culminating Activity (4 units)

The required courses for the **Nursing Leadership Option** are:

**Semester 1**
NURS 610 Health Care Informatics (2 units)
NURS 620 Advanced Nursing Research and Theory (4 units)

**Semester 2**
NURS 630 Dynamics of the Advanced Nursing Role (2 units)
NURS 645 Issues and Ethics in the Delivery of Health Care (2 units)
NURS 660 Research Thesis/Project Proposal Seminar (2 unit)

**Semester 3**
NURS 670A Advanced Nursing Leadership I (4 units)
NURS 680A Financial Management I (2 units)

**Semester 4**
NURS 670B Advanced Nursing Leadership II (4 units)
NURS 680B Financial Management II (2 units)

**Semester 5**
NURS 683 Practicum in Nursing Leadership (2 units)
NURS 699P/ NURS699T/ NURS 697P Culminating Activity (4 units)
Facilities and Services

School of Nursing Office
The School of Nursing at California State University, Chico, is located in room 121 of Trinity Hall, situated in the middle of the campus. Nursing School office hours are Monday through Friday, 7:30 a.m. to 5:00 p.m. during the school year. Summer hours vary. During summer hours, the university is closed on Friday. The nursing office phone number is 530-898-5891.

The names of faculty, location of their offices, phone numbers, and office hours are listed in the School Office and included as part of the syllabus of each course. Each full-time faculty member holds approximately four office hours per week. Part-time faculty have prorated office hours.

School of Nursing Graduate Coordinator
The Graduate Coordinator is a nursing faculty member appointed by the Director of the School of Nursing to oversee the academic progress of the students. Academic advising is mandatory each semester for all students in the Master of Science in Nursing Program. The current graduate coordinator is Dr. Sarah Brown Blake. Her email is sbrownblake@csuchico.edu.

Student Support Services
Online students can seek assistance from the Office of Graduate Studies, Advising and Financial Aid offices and Student Computing Services. All of these services have an online presence and email communications accessed through the University Home Page: http://www.csuchico.edu

Information Technology Support Services for Students
Online course technical computer support is available through IT Support Services. IT Support Services is located in Meriam Library 142. You can email Information Technology Support Services (ITSS) at itss@csuchico.edu and these services can also be accessed via telephone by calling the Student Computing HELP line 898-4357 to get verbal assistance. Online access can be found at: http://www.csuchico.edu/itss

The HELP line operates 24 hours/day for Sunday through Thursday; it operates until midnight on Friday and from 9 am to midnight on Saturday. Students will also find information about Blackboard Learn System, downloads and other plug-ins required for online courses, browser configuration, pop-up blockers, broadband connection and how to access online courses from home. The suggested mode for students to access the online nursing courses and materials would be to join a local or national Internet Service Provider (ISP) where students can receive high speed broadband access to the Internet. All Chico State students are able to purchase discounted computer software programs through the Associated Students Computer Works, http://www.asbookstore.com

Library and Information Resources
The online student, through the University Home Page: http://www.csuchico.edu/library can access all the resources of the Meriam Library. The library provides extensive resources for the distant student beginning with the Regional Extended Campus Service office. The library has a system for accessing full text articles from a variety of nursing journals. The library offers full interlibrary loan services to remotely located students and delivers material to them directly by mail. The library collections of the other 22 California State University campuses as well as the University of California campuses are also available to the online students should they need resources not available at CSU, Chico. Every effort will be made to provide these interlibrary loan materials at no cost or at the lowest possible cost to the student. The librarian assigned to School of Nursing graduate students is Marc Langston. He can be reached by email at mlangston@csuchico.edu and
his office phone number is 530-898-4587.
General Information and Academic Policies

Testing Policy
Exams must be taken as scheduled. Make up exams may or may not be allowed as specified in the course syllabus and at the discretion of the instructors

Academic Standing
A graduate student must maintain a minimum 3.0 grade point average (GPA) in all coursework taken at CSU, Chico in fulfillment of the Master of Science in Nursing program. This also includes courses taken at other accredited universities. Students failing to maintain a 3.0 average in nursing courses will be placed on academic probation for one (1) semester. Failure to achieve a 3.0 GPA in that semester will result in disqualification from the master’s program.

A student receiving a grade lower than B in any graduate nursing course cannot continue in the graduate program. The student may petition the Executive Committee of the School of Nursing to re-enter the nursing program, only if serious and compelling conditions contributed to the poor grade. The Executive Committee, under the "advisement" of the faculty involved in issuing the grade, will determine if and how the student may proceed in the program. Given the cyclic nature of our current graduate program admissions, students who are allowed to repeat a course may experience significant delays in their program progression.

Office of Graduate Studies Academic Standing Procedures for Graduate Students Revised April 29, 2015

Academic Probation
The Office of Graduate Studies will run a probation cycle once a year at the end of the fall semester. However, individual programs may also request a review of their students at the end of the spring semester if they feel it is necessary. Students who fail to maintain CSU, Chico and overall cumulative grade point averages of at least 3.0 in all coursework taken subsequent to admission to the program will be put on academic probation. Students on probation are eligible to enroll in the subsequent semester and should seek advising from their graduate coordinators on the appropriate course load to take. Students should typically take no more than 9 units unless approved by their advisors to take more. Their records will be reviewed again after their next semester of coursework enrollment.

- If their graduate GPAs have been raised to 3.0 or higher, they will be returned to clear standing.
- If their graduate GPAs remain below 3.0 but they earned a GPA of 3.0 or higher in the coursework taken while on probation, they will be allowed to continue on probation for a second semester of enrollment.
- If their graduate GPAs remain below 3.0 and they earned a GPA of less than 3.0 in the coursework taken while on probation, they will be academically disqualified.

If students receive grades of incomplete in coursework while on their first probationary semester, their graduate coordinator will be consulted for a determination as to whether or not they have made sufficient progress to continue for a second probationary semester. However, if the students fail to complete sufficient coursework to raise their graduate GPAs to 3.0 or higher by the end of the second semester, they will be academically disqualified.
For cohort programs that offer or require enrollment in an established summer session of graduate program coursework, the summer enrollment will count as a second semester of probationary enrollment. However, for programs not requiring summer enrollment, summer session will not count as a second semester of probationary enrollment and can allow students an additional opportunity to correct their GPA deficiency.

**Academic Disqualification**

Academically disqualified students may take courses through Open University to correct any deficiencies in their background preparation for graduate study and to raise their graduate GPAs. Open University courses should be approved by the students’ graduate coordinators, and approval signatures will be required by the instructor, department chair, and Office of Graduate Studies for each course taken.

Disqualified students may not take any new graduate coursework that they hope to count toward an eventual program if reinstated and readmitted. However, with Executive Committee approval they may repeat graduate courses in which they earned a grade of B- or lower to raise their GPAs and establish their ability to succeed in graduate study. They may use their option to repeat one course with forgiveness if they have not already done so. Otherwise, the general repeat policy for graduate students will apply, and the grades received in the repeated courses will be averaged with the original grade. Graduate program courses that may be taken more than once for credit may not be repeated by disqualified students.

Disqualified students may complete graduate courses in which they have been assigned a grade of Incomplete (I) or Report in Progress (RP) to raise their GPAs, unless the courses are associated with the culminating activity for their intended program if reinstated and readmitted. Students may not begin, continue, or complete a required culminating activity while disqualified from the program.

**Reinstatement and Readmission**

When disqualified students have significantly raised their graduate GPAs and established their ability to succeed in graduate study, they may petition for reinstatement and reapply to their original graduate program or a different program. Representatives from the Office of Graduate Studies will meet with the graduate coordinator of the desired program to review each student’s record and make a decision concerning reinstatement. Students must also be readmitted to the University and into the graduate program.

Students can be reinstated in clear standing if their graduate GPAs have been raised to 3.0 or higher, or they can be reinstated on probation with an academic contract if they remain below the required 3.0. Students that fail to meet the conditions of an academic contract will once again be academically disqualified.

**Academic Honesty/Integrity**

Academic honesty is an issue of serious concern at this University and the nursing program expects students to maintain a high standard of academic integrity. When violations of academic honesty are uncovered, and charges are proved, the consequences are severe, ranging from automatic course failure to removal from the nursing program, and long-term suspension from the University. The School of Nursing expects rigid adherence to academic honesty, as part of the professional code of ethics for Nursing. Any student who violates these policies is placing future patients at risk as well as jeopardizing his/her own career potential.

Academic integrity is defined by the university as a commitment, even in the face of adversity, to five fundamental values: honesty, trust, fairness, respect, and responsibility. It is the expectation of this program that students uphold the ideals of academic integrity. This means to be knowledgeable about how to paraphrase and cite the ideas of other people correctly, to do your own work, to contribute equally when submitting group work, and to seek help through peer review, the instructor, or the literature if assistance in these areas is needed. Academic honesty also applies to
clinical situations, i.e., accurate reporting of clinical incidents to your instructor and integrity in all clinical interactions. Integrity includes respect for patient confidentiality. The University has specific policies/definitions about academic integrity, including what constitutes plagiarism, cheating, and misuse of sources. The Office of Student Judicial Affairs maintains a website with links to documents about: avoiding plagiarism, unauthorized collaboration, and cheating [http://www.csuchico.edu/sjd/integrity.shtml](http://www.csuchico.edu/sjd/integrity.shtml) (cut and paste the link). All students should read these documents so as to avoid unintentional plagiarism or misuse of sources.

In an instructional setting, plagiarism occurs when a writer deliberately uses someone else’s language, ideas, or other original (not common-knowledge) material without acknowledging its source. This definition applies to texts published in print or online, to manuscripts, and to the work of other student writers. Most current discussions of plagiarism fail to distinguish between:

1. Submitting someone else’s text as one’s own or attempting to blur the line between one’s own ideas or words and those borrowed from another source.
2. Misuse of sources, which means carelessly or inadequately citing ideas and words borrowed from another source.

Ethical writers make every effort to acknowledge sources fully and appropriately in accordance with the contexts and genres of their writing. A student who attempts (even if clumsily) to identify and credit his or her source, but who misuses a specific citation format or incorrectly uses quotation marks or other forms of identifying material taken from other sources, has not plagiarized. Instead, such a student should be considered to have failed to cite and document sources appropriately from the Council of Writing Program Administrators’ “Defining and Avoiding Plagiarism: The WPA Statement on Best Practices.”

**Avoiding Plagiarism**

CSU, Chico students must understand and abide by the University’s policy on academic integrity as stated by the University President: [http://www.csuchico.edu/prs/Ems/2004/04-036.shtm](http://www.csuchico.edu/prs/Ems/2004/04-036.shtm). The School of Nursing requires that graduate papers be submitted to Turnitin.com. Turnitin is a web-based plagiarism prevention and detection service from the company iParadigms. Turnitin allows instructors or students to upload papers to be screened for originality or suspected plagiarism. “Originality Reports” are issued to instructors (and for student viewing) who then use the reports to determine whether students are properly citing materials, or are using text that is not their own. Turnitin also offers plagiarism prevention strategies for both faculty and students. Students will be given an account within individual courses.

You should obtain a copy of the university memorandum on academic honesty and become familiar with the several categories of dishonest behavior that are the causes of most charges. Of particular importance are plagiarism, cheating on examinations, and misrepresentation.

**University Regulations**

Students are advised to be familiar with University regulations governing graduate students. Please refer to this section in the University Catalog for complete details. Nursing graduate students are responsible for meeting the University requirements and deadlines required for graduation from California State University, Chico.

**Marijuana Use Following Proposition 64**

On November 8, 2016 California voters passed Proposition 64 legalizing growth, possession and use of marijuana in the state. However, please be advised that the federal Drug-Free School and Communities Act and Drug Free Workplace Act require Chico State and all CSUs to certify that we are taking reasonable measures to prevent the illegal use of drugs on our campuses. If we were
unable to do so, we would lose eligibility for federal financial aid for students as well as federal
grants and contracts. (As you may know, drugs as defined under the federal Controlled Substances
Act include marijuana.)
As a result, students should be aware that they may be subject to disciplinary action by the
University for the use/possession/manufacture/distribution of marijuana products, regardless of their
age, on University premises or at University-sponsored activities; storage of marijuana products or
drug-related paraphernalia at on-campus residences or vehicles; and driving while under the
influence of marijuana.
In addition, the passage of Proposition 64 does not change restrictions applicable to Chico State and
the CSU concerning marijuana research. Although legal in California, cannabis remains a
controlled, Schedule I substance under federal law. Because of this, the federal Drug Enforcement
Agency continues to regulate the cultivation of marijuana for research purposes through licensing
requirements. At this time the CSU does not anticipate a change in policy and will remain in
compliance with federal law.
If you have any questions about this topic, please consult the offices listed below:
  • Faculty Affairs – 898-5029
  • Human Resources – 898-6771
  • Student Judicial Affairs – 898-6897
  • University Housing – 898-6325
  • University Police Department – 898-5555

Commencement
Commencement exercises are held each spring semester at the end of the final examination week.
In accordance with the advanced academic preparation of the Master of Science in Nursing
program, the graduates participate in the Graduate School Commencement Ceremony.

Graduate Studies Guide
The Office of Graduate Studies frequently updates and publishes A Guide to Graduate Studies:
Policies, Procedures and Format. The most current edition of this extremely useful resource can be
viewed online at the Office of Graduate Studies website: https://www.csuchico.edu/graduatestudies/events/incoming-guides/guide.shtml. It is highly
recommended that the guide be rea. The Graduate School also publishes on its website the critical
deadlines related to application for and participation in graduation. These deadlines provide
guidance on when final professional papers or thesis work must be submitted for approval. It is
essential that you be aware of these deadlines.

Graduate Literacy Requirement
Students in the Master of Science in Nursing Program will be evaluated for writing competency in
the course, N620 Advanced Nursing Research and Theory. This demonstration of literacy is to
assure the CSUC System that the individual student has adequate skills for writing in the major.

Required Paper Format
All papers written for your graduate nursing courses should demonstrate professional scholarship.
The faculty requires that papers include appropriate documentation and that correct grammar,
spelling, and composition be used. The Publication Manual of the American Psychological
Association (APA) is the style manual of choice for writers, editors, students, educators, and
professionals in psychology, sociology, business, economics, nursing, social work, and justice
administration. Use of APA format is required on all papers and for the culminating activity
(Professional Paper, Thesis or Project). Purchase of the American Psychological Association
Publications Manual (7th Edition) during the first semester can facilitate proper usage. Student resources for help with APA format can be found at the following sites: http://www.apastyle.org/

The Meriam Library provides a comprehensive list of "Citation Formats & Style Manuals," including APA. Included are guidelines for citing Internet sources and databases. Printable style guides are also available at http://www.csuchico.edu/lref/newciting.html

Textbooks and Supplemental Materials
Textbooks for all courses can be purchased online. Each individual course syllabus will contain the information needed to purchase these reading materials.

Protocols, Policies, and Guidelines for Practice
Protocols, policies, and guidelines have been developed to assist the graduate student meet faculty, program, and professional expectations. Careful compliance with these protocols will facilitate a relatively smooth journey through all aspects of the Master of Science in Nursing Program.

Graduate Committee Participation
Students are represented on the School of Nursing Graduate Committee. One or more students are selected as an ongoing representative(s) and are expected to provide feedback to her/his classmates. However, meetings are open to all students and the meeting dates will be posted in online class announcement pages and in email to all enrolled MSN students.

Student Grievance Procedure
Students who feel they have been treated unfairly or arbitrarily are entitled to use the University-wide Student Grievance Procedures. Formal grievances are initiated ONLY after the informal process was attempted and found unsatisfactory in reaching a solution. The informal process starts at the School level: the student should talk to the instructor involved. The second step is to talk with the Graduate Coordinator. If a solution satisfactory to the student is not reached, the student then discusses the matter with the Director of the School. The final step in the informal process would be to talk with the Dean of the College of Natural Sciences.
Most complaints (grievances) are resolved during the informal process. If not, the student should talk to the Coordinator for Student Judicial Affairs in the Student Services Center room 190. The most current grievance policy can be found at: http://www.csuchico.edu/sjd/stud_griev.shtml

Nursing Standards and Professional Behavior Expectations
The American Nurses Association (ANA) has defined standards and codes by which all nurses practice (ANA, 2015). As a professional program it is expected that students will demonstrate behaviors that reflect the defined standards of nursing throughout their academic experience.

ANA Standards of Nursing Practice

Standard 1. Assessment
The registered nurse collects pertinent data and information relative to the healthcare consumer’s health or the situation.

Competencies
The registered nurse:
- Collects pertinent data, including but not limited to demographics, social determinants of health, health disparities, and physical, functional, psychosocial, emotional, cognitive, sexual, cultural, age-related, environmental, spiritual/transpersonal, and economic standards.
assessments in a systematic, ongoing process with compassion and respect for the inherent dignity, worth, and unique attributes of every person.

- Recognizes the importance of the assessment parameters identified by WHO (World Health Organization), Healthy People 2020, or other organizations that influence nursing practice.
- Integrates knowledge from global and environmental factors into the assessment process.
- Elicits the healthcare consumer’s values, preferences, expressed and unexpressed needs, and knowledge of the healthcare situation.
- Recognizes the impact of one’s own personal attitudes, values, and beliefs on the assessment process.
- Identifies barriers to effective communication based on psychosocial, literacy, financial, and cultural considerations.
- Assesses the impact of family dynamics on healthcare consumer health and wellness.
- Engages the healthcare consumer and other interprofessional team members in holistic, culturally sensitive data collection.
- Prioritizes data collection based on the healthcare consumer’s immediate condition or the anticipated needs of the healthcare consumer or situation.
- Uses evidence-based assessment techniques, instruments, tools, available data, information, and knowledge relevant to the situation to identify patterns and variances.
- Applies ethical, legal, and privacy guidelines and policies to the collection, maintenance, use, and dissemination of data and information.
- Recognizes the healthcare consumer as the authority on their own health by honoring their care preferences.
- Documents relevant data accurately and in a manner accessible to the interprofessional team.

**Standard 2. Diagnosis**

The registered nurse analyzes assessment data to determine actual or potential diagnoses, problems, and issues.

**Competencies**

The registered nurse:

- Identifies actual or potential risks to the healthcare consumer’s health and safety or barriers to health, which may include but are not limited to interpersonal, systematic, cultural, or environmental circumstances.
- Uses assessment data, standardized classification systems, technology, and clinical decision support tools to articulate actual or potential diagnoses, problems, and issues.
- Verifies the diagnoses, problems, and issues with the individual, family, group, community, population, and interprofessional colleagues.
- Prioritizes diagnoses, problems, and issues based on mutually established goals to meet the needs of the healthcare consumer across the health–illness continuum.
- Documents diagnoses, problems, and issues in a manner that facilitates the determination of the expected outcomes and plan.

**Standard 3. Outcomes Identification**

The registered nurse identifies expected outcomes for a plan individualized to the healthcare consumer or the situation.
Competencies
The registered nurse:
- Engages the healthcare consumer, interprofessional team, and others in partnership to identify expected outcomes.
- Formulates culturally sensitive expected outcomes derived from assessments and diagnoses.
- Uses clinical expertise and current evidence-based practice to identify health risks, benefits, costs, and/or expected trajectory of the condition.
- Collaborates with the healthcare consumer to define expected outcomes integrating the healthcare consumer’s culture, values, and ethical considerations.
- Generates a time frame for the attainment of expected outcomes.
- Develops expected outcomes that facilitate coordination of care.
- Modifies expected outcomes based on the evaluation of the status of the healthcare consumer and situation.
- Documents expected outcomes as measurable goals.
- Evaluates the actual outcomes in relation to expected outcomes, safety, and quality standards.

Standard 4. Planning
The registered nurse develops a plan that prescribes strategies to attain expected, measurable outcomes.

Competencies
The registered nurse:
- Develops an individualized, holistic, evidence-based plan in partnership with the healthcare consumer and interprofessional team.
- Establishes the plan priorities with the healthcare consumer and interprofessional team.
- Advocates for responsible and appropriate use of interventions to minimize unwarranted or unwanted treatment and/or healthcare consumer suffering.
- Prioritizes elements of the plan based on the assessment of the healthcare consumer’s level of risk and safety needs.
- Includes evidence-based strategies in the plan to address each of the identified diagnoses, problems, or issues. These strategies may include but are not limited to:
  - Promotion and restoration of health,
  - Prevention of illness, injury, and disease,
  - Facilitation of healing,
  - Alleviation of suffering, and
  - Supportive care
- Incorporates an implementation pathway that describes steps and milestones.
- Identifies cost and economic implications of the plan.
- Develops a plan that reflects compliance with current statutes, rules and regulations, and standards.
- Modifies the plan according to the ongoing assessment of the healthcare consumer’s response and other outcome indicators.
- Documents the plan using standardized language or recognized terminology.

Standard 5. Implementation
The registered nurse implements the identified plan.
Competencies
The registered nurse:

- Partners with the healthcare consumer to implement the plan in a safe, effective, efficient, timely, patient-centered, and equitable manner (IOM, 2010).
- Integrates interprofessional team partners in implementation of the plan through collaboration and communication across the continuum of care.
- Demonstrates caring behaviors to develop therapeutic relationships.
- Provides culturally congruent, holistic care that focuses on the healthcare consumer and addresses and advocates for the needs of diverse populations across the lifespan.
- Uses evidence-based interventions and strategies to achieve the mutually identified goals and outcomes specific to the problem or needs.
- Integrates critical thinking and technology solutions to implement the nursing process to collect, measure, record, retrieve, trend, and analyze data and information to enhance nursing practice and healthcare consumer outcomes.
- Delegates according to the health, safety, and welfare of the healthcare consumer and considering the circumstance, person, task, direction or communication, supervision, evaluation, as well as the state nurse practice act regulations, institution, and regulatory entities while maintaining accountability for the care.
- Documents implementation and any modifications, including changes or omissions, of the identified plan.

Standard 5A. Coordination of Care
The registered nurse coordinates care delivery.

Competencies
The registered nurse:

- Organizes the components of the plan.
- Collaborates with the consumer to help manage health care based on mutually agreed upon outcomes.
- Manages a healthcare consumer’s care in order to reach mutually agreed upon outcomes.
- Engages healthcare consumers in self-care to achieve preferred goals for quality of life.
- Assists the healthcare consumer to identify options for care.
- Communicates with the healthcare consumer, interprofessional team, and community-based resources to effect safe transitions in continuity of care.
- Advocates for the delivery of dignified and holistic care by the interprofessional team.
- Documents the coordination of care.

Standard 5B. Health Teaching and Health Promotion
The registered nurse employs strategies to promote health and a safe environment.

Competencies
The registered nurse:

- Provides opportunities for the healthcare consumer to identify needed healthcare promotion disease prevention, and self-management topics.
- Uses health promotion and health teaching methods in collaboration with the healthcare consumer’s values, beliefs, health practices, developmental level, learning needs, readiness and ability to learn, language preference, spirituality, culture, and socioeconomic status.
- Uses feedback and evaluations from the healthcare consumer to determine the effectiveness of the employed strategies.
• Uses technologies to communicate health promotion and disease prevention information to the healthcare consumer.
• Provides healthcare consumers with information about intended effects and potential adverse effects of the plan of care.
• Engages consumer alliance and advocacy groups in health teaching and health promotion activities for healthcare consumers.
• Provides anticipatory guidance to healthcare consumers to promote health and prevent or reduce the risk of negative health outcomes.

Standard 6. Evaluation
The registered nurse evaluates progress toward attainment of outcomes.

Competencies
The registered nurse:
• Conducts a holistic, systematic, ongoing, and criterion-based evaluation of the goals and outcomes in relation to the structure, processes, and timeline prescribed in the plan.
• Collaborates with the healthcare consumer and others involved in the care or situation in the evaluation process.
• Determines, in partnership with the healthcare consumer and other stakeholders, the patient-centeredness, effectiveness, efficiency, safety, timeliness, and equitability (IOM, 2001) of the strategies in relation to the responses to the plan and attainment of outcomes.
• Other defined criteria (e.g., Quality and Safety Education for Nurses) may be used as well.
• Uses ongoing assessment data to revise the diagnoses, outcomes, plan, and implementation strategies.
• Shares evaluation data and conclusions with the healthcare consumer and other stakeholders in accordance with federal and state regulations.
• Documents the results of the evaluation.

Standard 7. Ethics
The registered nurse practices ethically.

Competencies
The registered nurse:
• Integrates the Code of Ethics for Nurses with Interpretive Statements (ANA, 2015) to guide nursing practice and articulate the moral foundation of nursing.
• Practices with compassion and respect for the inherent dignity, worth, and unique attributes of all people.
• Advocates for healthcare consumers’ rights to informed decision-making and self-determination.
• Seeks guidance in situations where the rights of the individual conflict with public health guidelines.
• Endorses the understanding that the primary commitment is to the healthcare consumer regardless of setting or situation.
• Maintains therapeutic relationships and professional boundaries.
• Advocates for the rights, health, and safety of the healthcare consume and others.
• Safeguards the privacy and confidentiality of healthcare consumers, others, and their data and information within ethical, legal, and regulatory parameters.
• Demonstrates professional accountability and responsibility for nursing practice.
• Maintains competence through continued personal and professional development.
• Demonstrates commitment to self-reflection and self-care.
• Contributes to the establishment and maintenance of an ethical environment that is conducive to safe, quality health care.
• Advances the profession through scholarly inquiry, professional standards development, and the generation of policy.
• Collaborates with other health professionals and the public to protect human rights, promote health diplomacy, enhance cultural sensitivity and congruence, and reduce health disparities.
• Articulates nursing values to maintain personal integrity and the integrity of the profession.
• Integrates principles of social justice into nursing and policy.

Standard 8. Culturally Congruent Practice
The registered nurse practices in a manner that is congruent with cultural diversity and inclusion principles.

Competencies
The registered nurse:
• Demonstrates respect, equity, and empathy in actions and interactions with all healthcare consumers.
• Participates in life-long learning to understand cultural preferences, worldview, choices, and decision-making processes of diverse consumers.
• Creates an inventory of one’s own values, beliefs, and cultural heritage.
• Applies knowledge of variations in health beliefs, practices, and communication patterns in all nursing practice activities.
• Identifies the stage of the consumer’s acculturation and accompanying patterns of needs and engagement.
• Considers the effects and impact of discrimination and oppression on practice within and among vulnerable cultural groups.
• Uses skills and tools that are appropriately vetted for the culture, literacy, and language of the population served.
• Communicates with appropriate language and behaviors, including the use of medical interpreters and translators in accordance with consumer preferences.
• Identifies the cultural-specific meaning of interactions, terms, and content.
• Respects consumer decisions based on age, tradition, belief and family influence, and stage of acculturation.
• Advocates for policies that promote health and prevent harm among culturally diverse, under-served, or under-represented consumers.
• Promotes equal access to services, tests, interventions, health promotion programs, enrollment in research, education, and other opportunities.
• Educates nurse colleagues and other professionals about cultural similarities and differences of healthcare consumers, families, groups, communities, and populations.

Standard 9. Communication
The registered nurse communicates effectively in all areas of practice.

Competencies
The registered nurse:
• Assesses one’s own communication skills and effectiveness.
• Demonstrates cultural empathy when communicating.
• Assesses communication ability, health literacy, resources, and preferences of healthcare consumers to inform the interprofessional team and others.
• Uses language translation resources to ensure effective communication.
• Incorporates appropriate alternative strategies to communicate effectively with healthcare consumers who have visual, speech, language, or communication difficulties.
• Uses communication styles and methods that demonstrate caring, respect, deep listening, authenticity, and trust.
• Conveys accurate information.
• Maintains communication with interprofessional team and others to facilitate safe transitions and continuity in care delivery.
• Contributes the nursing perspective in interactions with others and discussions with the interprofessional team.
• Exposes care processes and decisions when they do not appear to be in the best interest of the healthcare consumer.
• Discloses concerns related to potential or actual hazards and errors in care or the practice environment to the appropriate level.
• Demonstrates continuous improvement of communication skills.

**Standard 10. Collaboration**
The registered nurse collaborates with the healthcare consumer and other key stakeholders in the conduct of nursing practice.

**Competencies**
The registered nurse:
• Identifies the areas of expertise and contribution of other professionals and key stakeholders.
• Clearly articulates the nurse’s role and responsibilities within the team.
• Uses the unique and complementary abilities of all members of the team to optimize attainment of desired outcomes.
• Partners with the healthcare consumer and key stakeholders to advocate for and effect change, leading to positive outcomes and quality care.
• Uses appropriate tools and techniques, including information systems and technologies, to facilitate discussion and team functions, in a manner that protects dignity, respect, privacy, and confidentiality.
• Promotes engagement through consensus building and conflict management.
• Uses effective group dynamics and strategies to enhance team performance.
• Exhibits dignity and respect when interacting with others and giving and receiving feedback.
• Partners with all stakeholders to create, implement, and evaluate a comprehensive plan.

**Standard 11. Leadership**
The registered nurse leads within the professional practice setting and the profession.

**Competencies**
The registered nurse:
• Contributes to the establishment of an environment that supports and maintains respect, trust, and dignity.
• Encourages innovation in practice and role performance to attain personal and professional plans, goals, and vision.
• Communicates to manage change and address conflict.
• Mentors colleagues for the advancement of nursing practice and the profession to enhance safe, quality health care.
• Retains accountability for delegated nursing care.
• Contributes to the evolution of the profession through participation in professional organizations.
• Influences policy to promote health.

**Standard 12. Education**
The registered nurse seeks knowledge and competence that reflects current nursing practice and promotes futuristic thinking.

**Competencies**
The registered nurse:
• Identifies learning needs based on nursing knowledge and the various roles the nurse may assume.
• Participates in ongoing educational activities related to nursing and interprofessional knowledge bases and professional topics.
• Mentors nurses new to their roles for the purpose of ensuring successful enculturation, orientation, and emotional support.
• Demonstrates a commitment to lifelong learning through self-reflection and inquiry for learning and personal growth.
• Seeks experiences that reflect current practice to maintain and advance knowledge, skills, abilities, attitudes, and judgment in clinical practice or role performance.
• Acquires knowledge and skills relative to the role, population, specialty, setting, and global or local health situation.
• Participates in formal consultations or informal discussions to address issues in nursing practice as an application of education and knowledge.
• Identifies modifications or accommodations needed in the delivery of education based on healthcare consumer and family members’ needs.
• Shares educational findings, experiences, and ideas with peers.
• Supports acculturation of nurses new to their roles by role modeling, encouraging, and sharing pertinent information relative to optimal care delivery.
• Facilitates a work environment supportive of ongoing education of healthcare professionals.
• Maintains a professional portfolio that provides evidence of individual competence and lifelong learning.

**Standard 13. Evidence-based Practice and Research**
The registered nurse integrates evidence and research findings into practice.

**Competencies**
The registered nurse:
• Articulates the values of research and its application relative to the healthcare setting and practice.
• Identifies questions in the healthcare setting and practice that can be answered by nursing research.
• Uses current evidence-based knowledge, including research findings, to guide practice.
• Incorporates evidence when initiating changes in nursing practice.
• Participates in the formulation of evidence-based practice through research.
• Promotes ethical principles of research in practice and the healthcare setting.
• Appraises nursing research for optimal application in practice and the healthcare setting.
• Shares peer reviewed research findings with colleagues to integrate knowledge into nursing practice.

**Standard 14. Quality of Practice**
The registered nurse contributes to quality nursing practice.

**Competencies**
The registered nurse:

• Ensures that nursing practice is safe, effective, efficient, equitable, timely, and patient-centered (IOM, 1999; IOM, 2001).
• Identifies barriers and opportunities to improve healthcare safety, effectiveness, efficiency, equitability, timeliness, and patient-centeredness.
• Recommends strategies to improve nursing quality.
• Uses creativity and innovation to enhance nursing care.
• Participates in quality improvement initiatives.
• Collects data to monitor the quality of nursing practice.
• Contributes in efforts to improve healthcare efficiency.
• Provides critical review and/or evaluation of policies, procedures, and guidelines to improve the quality of health care.
• Engages in formal and informal peer review processes.
• Collaborates with the interprofessional team to implement quality improvement plans and interventions.
• Documents nursing practice in a manner that supports quality and performance improvement initiatives.
• Achieves professional certification, when available.

**Standard 15. Professional Practice Evaluation**
The registered nurse evaluates one’s own and others’ nursing practice.

**Competencies**
The registered nurse:

• Engages in self-reflection and self-evaluation of nursing practice on a regular basis, identifying areas of strength as well as areas in which professional growth would be beneficial.
• Adheres to the guidance about professional practice as specified in the Nursing: Scope and Standards of Practice and the Code of Ethics for Nurses with Interpretive Statements.
• Ensures that nursing practice is consistent with regulatory requirements pertaining to licensure, relevant statutes, rules, and regulations.
• Uses organizational policies and procedures to guide professional practice.
• Influences organizational policies and procedures to promote interprofessional evidence-based practice.
• Provides evidence for practice decisions and actions as part of the formal and informal evaluation processes.
• Seeks formal and informal feedback regarding one’s own practice from healthcare consumers, peers, colleagues, supervisors, and others.
• Provides peers and others with formal and informal constructive feedback regarding their practice or role performance.
• Takes action to achieve goals identified during the evaluation process.
Standard 16. Resource Utilization
The registered nurse utilizes appropriate resources to plan, provide, and sustain evidence-based nursing services that are safe, effective, and fiscally responsible.

Competencies
The registered nurse:
- Assesses healthcare consumer care needs and resources available to achieve desired outcomes.
- Assists the healthcare consumer in factoring costs, risks, and benefits in decisions about care.
- Assists the healthcare consumer in identifying and securing appropriate services to address needs across the healthcare continuum.
- Delegates in accordance with applicable legal and policy parameters.
- Identifies impact of resource allocation on the potential for harm, complexity of the task, and desired outcomes.
- Advocates for resources that support and enhance nursing practice.
- Integrates telehealth and mobile health technologies into practice to promote positive interactions between healthcare consumers and care providers.
- Uses organizational and community resources to implement interprofessional plans.
- Addresses discriminatory healthcare practices and the impact on resource allocation.

Standard 17. Environmental Health
The registered nurse practices in an environmentally safe and healthy manner.

Competencies
The registered nurse:
- Promotes a safe and healthy workplace and professional practice environment.
- Uses environmental health concepts in practice.
- Assesses the environment to identify risk factors.
- Reduces environmental health risks to self, colleagues, and healthcare consumers.
- Communicates information about environmental health risks and exposure reduction strategies.
- Advocates for the safe, judicious, and appropriate use and disposal of products in health care.
- Incorporates technologies to promote safe practice environments.
- Uses products or treatments consistent with evidence-based practice to reduce environmental threats.
- Participates in developing strategies to promote healthy communities and practice environments.


ANA Code of Ethics for Nurses
The ANA Code of Ethics for Nurses as revised in (2015) follows. The professional issues in the first three statements are concerned with protection of clients' rights and safety; those in the next three pertain to promoting healthy work cultures and self-care. The social issues of the last three statements of the code relates to the nurse's obligations to society and the profession.
1. The nurse practices with compassion and respect for the inherent dignity, worth, and unique attributes of every person.
2. The nurse's primary commitment is to the patient, whether an individual, family, group, community, or population.
3. The nurse promotes, advocates for, and protects the rights, health, and safety of the patient.
4. The nurse has the authority, accountability, and responsibility for nursing practice; makes decisions; and takes action consistent with the obligation to promote health and to provide optimal care.
5. The nurse owes the same duties to self as to others, including the responsibility to promote health and safety, preserve wholeness of character and integrity, maintain competence, and continue personal and professional growth.
6. The nurse, through individual and collective effort, establishes, maintains, and improves the ethical environment of the work setting and conditions of employment that are conducive to safe, quality health care.
7. The nurse, in all roles and settings, advances the profession through research and scholarly inquiry, professional standards development, and the generation of both nursing and health policy.
8. The nurse collaborates with other health professionals and the public to protect human rights, promote health diplomacy, and reduce health disparities.
9. The profession of nursing, collectively through its professional organizations, must articulate nursing values, maintain the integrity of the profession, and integrate principles of social justice into nursing and health policy.


Professional Nursing Practice

Professional Behavior and Safe Nursing Care Expectations

Throughout this program the student will be required to demonstrate professional behavior and safe nursing care. Students who exhibit behavior resulting in performance that is potentially or actually unsafe or unprofessional will be removed from the clinical setting. Unsafe practice or unprofessional behavior will result in a failing grade for the course regardless of the course grade at the time of the incident.

The student will in no instance demonstrate any unsafe or potentially unsafe behavior that could endanger not only the physical well-being but also the emotional well-being of any client, family member, faculty or staff. Unsafe behavior includes, but is not limited to, being under the influence of drugs or alcohol, failure to use Standard Precautions at all times, failure to apply basic safety rules, or failing to report an abnormal finding. Unsafe behavior is the failure to perform in the manner that a professional, with the same level of preparation, would perform in a particular clinical situation. Individual course supplements may designate other specific behaviors considered unsafe in specific settings.

Students in the nursing program are expected to adhere to professional standards in their experiences and relationships with nursing faculty, agency staff, clients and family members. The student will in no instance demonstrate any behavior deemed unprofessional or inappropriate by the nursing faculty or agency staff. Professional behavior includes, but is not limited to, following directions, adequate preparation for clinical, meeting deadlines for assignments, being dressed appropriately, meeting appointments, being on time, and honesty in all statements or documentation. If a pattern of unprofessional behavior is exhibited, the instructor and the Director will address the student to determine if, and how the student can continue in the nursing program.
Students are expected to be familiar with all information that is published in course supplements, course syllabi, and student guidelines. Failure to read this material cannot be cited as a reason for non-compliance with information that promotes safe and professional nursing practice.

Substance Abuse and Patient Safety: The Risks and the Consequences
Because patient safety is of the utmost concern, a nursing instructor in any classroom or clinical setting is expected to take immediate corrective action if a student, from a professional discipline such as nursing, is suspected based on inappropriate conduct, physical symptoms or other indicators of being under the influence of drugs or alcohol. If chemical abuse is proven (i.e., misdemeanor or felony conviction or through University disciplinary action), a student can be dismissed from the nursing program.

The California Board of Registered Nursing states that instructors have the responsibility and authority to take immediate corrective action with regard to the conduct and performance of students suspected of chemical abuse. If a nursing instructor suspects such impairment, he/she will immediately confront the student and remove the student from the classroom or clinical setting for drug testing. If such testing is positive, documentation will be sent to the Office of Student Judicial Affairs and the CA Board of Registered Nursing (BRN) for follow-up. Re-entry into the classroom or clinical setting is contingent upon acceptance by the student of all stipulations set forth by the Student Judicial Affairs Coordinator, the Director of the School of Nursing, and the California BRN. The above policy is in compliance with the BRN.

In the matter of nursing students impaired by alcoholism, drug abuse and mental illness, the California BRN recognizes that:

a. these conditions are diseases and should be treated as such;
b. personal and health problems involving these diseases can affect students’ academic and clinical performance and that the impaired nursing student may pose a danger to self and a grave danger to the patients in her or his care;
c. nursing students with these diseases can be helped to recover;
d. it is the responsibility of the nursing student to voluntarily seek diagnosis and treatment for any suspected illness
e. confidential handling of the diagnosis and treatment of these diseases is essential.

….the Board expects that [nursing instructors] have the responsibility and authority to take immediate corrective action with regard to the student’s conduct and performance in the clinical setting.

It is outside the Board's scope of function to endorse or recommend a particular course of therapy; however, it does wish to inform nursing students of the importance of seeking voluntary aid for conditions that could, if left unattended, may prevent them from being licensed to practice nursing in the State of California. (Board of Registered Nursing, 2007. EDP-B-03)

Identifying and Dealing with Chemical Dependency
The prevalence of chemical impairment in the nursing profession is not clearly known although many experts have suggested that somewhere between 8-10% of nurses have a chemical impairment problem. Many substance impaired nurses suggest that their chemical impairment began during their nursing education. Several factors were identified as having contributed to the dependence:

1. Family history -- children of alcoholics, or of dysfunctional families, which often lead to lack of positive self-concept and positive coping skills;
2. Economic status -- too little money was a source of stress; too much money was a factor in opportunity, permitting purchase of drugs or alcohol;
3. Social environment -- lack of strong support systems, or peer pressure to use chemical substances;
4. Negative self-perceptions, which were disguised by chemical use;
5. Pleasant sensations accompanying chemical use;
6. Nursing focus - allowed students to focus on caring for others, while ignoring their own problems; also, a lack of curriculum content on chemical dependence in the professional caregiver.

It is important to be aware of the magnitude of the problem. It is also important to identify the problem early, and to seek appropriate help, before your licensure and entire career are affected. There are many support programs on campus and in the community for assisting with the problem. The greatest difficulty is breaking through the denial of the person experiencing the problem. In nursing, it is sometimes difficult to accept that one or one's colleagues may actually be chemically impaired.

The following are signs/symptoms of student alcohol/substance use: unexplained drop in grades (although many impaired students are high achievers); irregular school attendance; odor of alcohol on breath in class; change in health or grooming; desire to be isolated or secretive; decreased interest in school organizations; performance shrinkage; frequent "flu" episodes, chronic cough, chest pains or "allergy" symptoms; unexplained mood changes -- irritability, hostility; sudden verbal mistreatment of peers or clients; impaired short term memory; frequent accidents; being hospitalized or arrested because of drinking or drug-related behavior.

If you feel you have a problem, please be willing to discuss it with the Director of the School of Nursing or someone on this faculty that you feel close to. If you feel one of your colleagues has such a problem, you may wish to discuss with your faculty, for advice on how to confront the individual and encourage him/her to seek help. If a student is impaired in the classroom or clinical setting, it is imperative that a faculty member be informed immediately, at the time of the incident. There is too much at stake for all of us to have a student who is impaired interacting with patients, or missing out on important content in the classroom. You do have the right and the obligation to act on your concern about impaired peers. Students may register formal complaints if they are aware of incidents or behaviors that indicate chemical impairment. This process can be initiated by discussing your concerns with the semester coordinator or the Director. We need to direct as much concern to caring for ourselves and our peers as we do for our clients.

**Students Suspected of Substance Use/Abuse/Dependency**

Alcoholism and drug dependencies are prevalent in American society, and are of major concern when they occur in nurses and nursing students. Drug and alcohol abuse and dependency are recognized as illnesses and major health problems. They are also a threat to patient safety. Recognition of these problems is a key to protecting patients, as well as for obtaining proper treatment for the nursing student. Nursing faculty, nursing staff and nursing student peers have an obligation to act on concerns regarding alcohol or drug abuse or dependency when encountered in the nursing student. The School of Nursing follows the California Board of Registered Nursing guidelines for dealing with nurses impaired by drugs or alcohol.

The School of Nursing adheres to the following clear prohibitions regarding drugs and alcohol.

1. Students may not possess, or be under the influence of alcohol while in clinical or nursing classroom settings.
2. Students may not be under the influence of drugs, i.e. controlled substances, or prescription drugs, when there is the possibility that such use may impair the student’s ability to safely perform nursing care, or impair the learning in a classroom setting.
3. Even though California has legalized marijuana, students must have a clear drug test to participate in clinical activities. Note: According to the National Institute on Drug Abuse, “Marijuana has negative effects on attention, motivation, memory, and learning that can persist after the drug's immediate effects wear off—especially in regular users” and further, even though some states have approved the use of marijuana for prescription, “the FDA, which assesses the safety and effectiveness of medications, has not approved marijuana as a medicine” (US Department on Health and Human Services, March 2014). Website: http://www.drugabuse.gov/sites/default/files/parents_marijuana_brochure_0.pdf Consequently, the use of medical marijuana while in the nursing program is strictly prohibited.

4. Students may not be involved in the illegal possession, distribution, sale, diversion or purchase of a controlled substance.

Nursing faculty are obligated to take immediate action if a student involved in School of Nursing courses is suspected, based on inappropriate conduct, physical symptoms or other indicators, of being under the influence of drugs or alcohol. The following policy describes actions that may be taken when students are suspected of violating drug or alcohol policies. The School of Nursing Student Guidelines describes risk factors, signs and symptoms and resources for dealing with alcohol and drug abuse and dependency.

**Indications for suspicion of drug/alcohol abuse or dependency:**

**Behaviors:**
1. Observed/reported possession or use of a prohibited substance
2. Apparent drug or alcohol intoxication
3. Observed abnormal or erratic behavior
4. Deterioration of classroom or clinical performance
5. Medication diversion
6. Unusual behavior such as verbal abuse, physical abuse, extreme aggression or agitation, withdrawal, depression, mood changes or unresponsiveness; inappropriate responses to questions or instructions; other erratic or inappropriate behavior such as hallucinations, disorientation, excessive euphoria, confusion.

**Physical signs or symptoms:**
1. Possessing, dispensing or using controlled substance
2. Slurred or incoherent speech
3. Unsteady gait or other loss of physical control; poor coordination
4. Bloodshot or watery eyes
5. Dilated or constricted pupils or unusual eye movement
6. Extreme fatigue, drowsiness, sleeping
7. Excessive sweating or clamminess of the skin
8. Flushed or very pale face
9. Highly excited or nervous
10. Nausea or vomiting
11. Odor of alcohol on breath, body or clothing
12. Odor of marijuana
13. Dry mouth
14. Dizziness or fainting
15. Shaking of hands or body tremor/twitching
16. Irregular or difficult breathing
17. Runny sores or sores round nostrils
18. Inappropriate wearing of sunglasses
19. Puncture marks or “tracks”
20. Disheveled appearance

Behavioral patterns:
1. Repeated absences
2. Frequent absences from work area
3. Frequently coming in late or leaving early
4. Alternate periods of high and low productivity
5. Complaints from patients, families, staff or other students
6. Making poor decisions or using poor judgment
7. An increase in errors, forgetfulness, and difficulty following instruction
8. Accidents related to apparent lack of concentration.

Drug Abuse Procedures:
1. Faculty or peers who suspect a student of alcohol or drug use/dependency (based on a pattern of behavior consistent with impairment) will document specific behaviors or confirmed evidence of such impairment. This will be submitted in writing to the Director who will determine the action to be taken. If the Director and involved faculty feel the evidence is compelling and may suggest violation of drug and alcohol policies, the student will be confronted with the concerns and evidence. The Director and involved faculty, in consultation with the Executive Committee of the School of Nursing, will decide what type of follow-up is indicated, based on the outcome of this conference. Options include, but are not limited to:

   a. A warning, with continued observation; confidential consultation with all other nursing faculty who have contact with the student will occur, to involve them in continued observation.
   b. Immediate request for a body fluid screen for alcohol or drugs. All costs of testing will be borne by the student. Refusal to comply with testing will automatically result in dismissal from the nursing program. Subsequent re-entry into the program will be contingent on approval of the School of Nursing Executive Committee and space available.
   c. Referral to a drug or alcohol counselor for assessment of drug or alcohol problems. Resources will be suggested to the student; choice of counselor will be made by the student. All costs will be the responsibility of the student. The student will be asked to release the results of this assessment to the School of Nursing.
   d. Immediate administrative probation, resulting in removal of the student from all clinical courses. The student will be subject to a contract that must be signed and adhered to for continued participation in any portion of the nursing program.
   e. Referral to Student Judicial Affairs for disciplinary action as appropriate. The student's transcript may be marked to indicate School of Nursing Administrative Probation.

2. If reasonable suspicion of alcohol or drug use occurs in the classroom or clinical setting, the student will be immediately removed from that setting. The faculty member will discuss the concerns with the student. If reasonable suspicion still exists, the Director of the School of Nursing (or assistant director or Nursing Executive Committee member in his/her absence) will be informed and will determine what actions need to be taken. Screening for drugs or alcohol will be required. The student must give consent for such testing, and authorization for results to be made available to the School of Nursing.

   a. If use of alcohol is suspected, the student will be transported to campus and will be required to submit to a breath test administered by campus police. If the student is in a clinical setting
distant from campus, a blood alcohol may be drawn at an available, federally accredited health care agency.

b. If drugs are suspected, the student will be required to provide a witnessed urine sample or a blood sample. Such testing may occur at the Student Health Center during regular hours, or at a healthcare agency such as a hospital emergency department or a prompt care center approved by the School of Nursing.

c. All testing costs will be borne by the student.

3. Contract Procedure - Any student with admitted or proven drug/alcohol abuse/dependency, or who has a strong pattern of impaired behaviors witnessed by two or more faculty, staff or students, will be subject to the terms of a contract in order to continue in the Nursing program. The contract will include, but is not limited to:

   a. A requirement for substance abuse evaluation and rehabilitation, with verification provided to the School of Nursing. Costs of such counseling will be the responsibility of the student. Periodic reports from the counselor to the Director of the School of Nursing will be required.

   b. Consent by the student for random body fluid screens at the request of the School of Nursing. Any costs for testing will be the responsibility of the student. Refusal to submit to testing or failure to appear when requested for testing will be considered a positive test result and will lead to immediate and permanent dismissal from the nursing program.

   c. Agreement by the student to absolutely refrain from use of involved substance(s) (i.e. alcohol, controlled substances and illicit drugs) during the period of the contract.

   d. Program requirements for licensure will not be considered met until the student is determined to be rehabilitated by the School of Nursing Executive Committee, even if all coursework has been completed (i.e., the student will not meet the presumption of meeting the professional/ethical requirements of the program until a program of rehabilitation is complete). Normally, a student will not be certified to the Board of Registered Nursing as having met all the program requirements for licensure until one full year of negative random body fluid screens have been obtained.

   e. Agreement that the concerns and conditions imposed for rehabilitation may be released to the Board of Registered Nursing at the time the student applies for Licensure (this includes all state boards where nursing licensure is applied for).

   f. Violation of the terms of the contract will result in permanent dismissal from the program.

4. General Guidelines Governing Re-entry of Impaired Students into Classroom and Clinical Settings.

   a. While rare, a student with known or suspected chemical impairment may participate in on-campus nursing courses if a contract is in place, and the student adheres to the terms of the contract.

   b. Normally*, a student with known chemical impairment will be restricted from participation in clinical courses until one year of negative random body fluid screens have been obtained.

   c. A student with known chemical impairment will be restricted from access to controlled substances in the clinical setting. The student absolutely will not administer narcotics, will not work with PCAs, narcotic patches, or other drugs with
abuse potential as specified in an individual contract. Students must notify the 
clinical instructor immediately when patients have changes in narcotic orders.

  d. An impaired student who is readmitted to clinical courses must agree to inform
immediate nursing supervisors on the day of care regarding the chemical impairment
contract. All nursing faculty involved with the student will also be informed of the
conditions of the contract.

  e. Depending on the nature of the chemical impairment, the student may be restricted
from participating in those clinical courses where supervision is less available, where
the student might have access to prescription drugs in client homes, or might be
exposed to illicit drugs in client homes.

**"Normally" is used to allow discretion based on type of impairment, course of rehabilitation, and
recommendations of the School of Nursing Executive Committee.**

**School of Nursing Health Policies and Regulations**

To enter into and to complete the graduate nursing program, students must be able to meet the
emotional and physical requirements of the School.

**Emotional Requirements**
The student must have sufficient emotional stability to perform under stress produced by both
academic study and the necessity of performing nursing care in real patient situations while being
observed by the instructors and other health care personnel.

**Physical Requirements**
In order to participate in CSU, Chico's Nursing Program, students are required to travel to agencies
and hospitals, and to homes with unpredictable environments. Students need to have the endurance
to adapt to a physically and emotionally demanding program. The following physical requirements
would be necessary to participate in the clinical application courses in nursing:

1. **Strength:** Sufficient strength to lift, move and transfer most patients; to restrain and carry
   children; to move and carry equipment; and to perform CPR that requires sufficient body weight
   and adequate lung expansion.

2. **Mobility:** Sufficient to bend, stoop, get down on the floor; combination of strength, dexterity,
   mobility and coordination to assist patients; ability to move around rapidly.

3. **Fine Motor Movements:** Necessary to manipulate syringes and IV's; to assist patients with
   feeding and hygiene; to write in charts; to perform sterile procedures and other skilled
   procedures.

4. **Speech:** Ability to speak clearly in order to communicate with staff, physicians, and patients;
   need to be understood on the telephone.

5. **Vision:** Sufficient to make physical assessments of patients and equipment; to read.

6. **Hearing:** Sufficient to accurately hear on the telephone, to be able to hear through the
   stethoscope to discriminate sounds.

7. **Touch:** Ability to palpate both superficially and deeply and to discriminate tactile sensations.

8. **Health:** Nursing is considered to be a high risk profession for exposure to Hepatitis B and other
   contagious diseases. Immunizations required by the School of Nursing reduce this risk for
   nursing students, but do not eliminate it entirely. Pregnant students need a physician's note to
   participate in the program. Students with impaired or deficient immune systems may be at risk
   for contracting serious diseases. Such students must have physician approval for participation in
   clinical courses, and must discuss their situation with the clinical instructor.
Reporting of Illness or Accident

1. In the event of illness or accident, the student should notify the School Office; if unable to attend laboratory assignment, the student must notify the clinical instructor. Exposure to any contagious disease must be reported immediately to the appropriate clinical instructor.
2. If physical illness and/or emotional problems are noted by the instructor to be interfering with a student's ability to function in either the classroom or clinical area, the student may be required to obtain a physical examination and/or counseling, as appropriate, in order to continue in the course.
3. In case of illness, students are responsible to provide their own medical care.
4. If a student is involved in an accident occurring either on campus or during a clinical session, the student should report that accident to his/her instructor immediately. If the injuries are more substantial than can be treated by the Student Health Center, the student should obtain treatment on his/her own and is fully responsible for all treatment costs. An accident form is to be filled out within 24 hours of the accident and submitted to the Director of the School of Nursing. Students may be eligible for workmen’s compensation if injured in the clinical setting.
5. If you have any injury in the clinical setting, fill out an accident form with your clinical instructor. Include the same information you would include on an incident report. Students are not to be seen in the clinical emergency room, except in cases of true emergency. The student will be held accountable for all costs incurred for treatment at the clinical emergency room. Non-emergency accidents should be followed up at the Student Health Center or private health care provider.
6. For needle sticks and/or potential infectious exposures the Blood borne Pathogen Policy will be followed.

Standard Precautions

In order to protect nursing students against a broad range of blood-borne diseases that are transmitted by direct or indirect contact with infective blood or other body fluids, the School of Nursing has adopted a policy of standard body substance precautions. Infectious diseases requiring such precautions are those that result in the production of infective blood or body fluids and include Hepatitis B, Hepatitis non-A, non-B, Human Immunodeficiency virus (AIDS), Syphilis, Malaria, Leptospirosis, Creutzfeldt-Jakob diseases, and the arthropod borne viral fevers such as dengue, yellow fever, and Colorado tick fever or others that produce infective body fluids. Body substances include blood and all body fluids. Standard refers to the blood and body fluids of all patients, not just known infected patients. Treating all patients' blood and body fluids as hazardous provides the best protection of student nurses without compromising patient care and confidentiality. This policy is consistent with the policies of the local hospitals in which students are assigned for clinical courses and the latest (2005) Center for Disease Control Recommendation to Health Care Workers on the Prevention of HIV Transmission in Health-Care Settings, see link http://www.cdc.gov/niosh/topics/bbp/emergnedl.html for more information. Health Care Workers are defined by the CDC as persons, including students and trainees, whose activities involve contact with patients or with blood or other body fluids from patients in a health-care setting. Students will be taught the following guidelines and will practice these techniques both in simulation labs and in the actual clinical settings in hospitals, clinics, offices, and homes.
1. Standard precautions apply to blood and other body fluids containing visible blood. **BLOOD IS THE SINGLE MOST IMPORTANT SOURCE OF HIV, HBV, AND OTHER BLOODBORNE PATHOGENS IN THE OCCUPATIONAL SETTING.**

2. All health care workers should routinely use appropriate barrier precautions to prevent skin and mucous membrane exposure when contact with blood or other body fluids of any client is anticipated. Gloves should be worn for touching blood and body fluids, mucous membranes, or non-intact skin of all clients for handling items or surfaces soiled with blood or body fluids, and for performing venipuncture and other vascular access procedures. Masks and protective eyewear or face shields should be worn during procedures that are likely to generate droplets of blood or other body fluids. Gowns or aprons should be worn during procedures that are likely to generate splashes of blood or other body fluids.

3. Standard precautions are intended to supplement rather than replace recommendations for routine infection control, such as hand washing and using gloves to prevent gross microbial contamination of hands.

4. Hands and other skin surfaces should be washed immediately and thoroughly if contaminated with blood or body fluids. Hands should be washed immediately after gloves are removed.

5. All health care workers should take precautions to prevent injuries caused by needles, scalpels, and other sharp instruments or devices during procedures, when cleaning used instruments during disposal of used needles, and when handling sharp instruments after procedures.

6. **DO NOT RECAP** used needles by hand; do not remove used needles from disposable syringes by hand; do not bend or break or otherwise manipulate used needles by hand. Place used disposable needles, syringes, scalpel blades, and other sharp items in puncture-resistant containers for disposal. Locate the puncture-resistant (Sharps containers) as close to the use area as is practical.

7. Use sterile gloves for procedures involving contact with normally sterile areas of the body. Use examination gloves for procedures involving contact with mucous membranes unless otherwise indicated and for other client care or diagnostic procedure that do not require the use of sterile gloves. Gloves should be changed after contact with each client. Do not wash or disinfect surgical or examination gloves for reuse. Use general purpose utility gloves (e.g. rubber household gloves) for housekeeping chores involving potential blood contact and for instrument cleaning and decontamination procedures.

8. Health care workers who have exudative lesions or weeping dermatitis should refrain from all client care and from handling client care equipment until the condition resolves.

9. Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags, and other ventilation devices should be available in areas where the need for emergency mouth-to-mouth resuscitation is predictable.
10. Handle soiled linens as little as possible and minimize shaking or other agitation to diminish contamination of air and personnel. Wet linen soiled with bloody fluids must be placed in leak resistant bags in the room in which it was used.

11. Put all specimens of blood and body fluids in well-constructed containers with secure lids to avoid leakage during transport. Avoid contaminating outside of container when collecting specimen.

12. Follow agency policies for the disposal of infective waste, both when disposing of and when decontaminating materials. Excretions containing blood should be poured down drains that are connected to a sanitary sewer.

Students are responsible for learning and complying with the written policies of the hospital or agency to which they are assigned for clinical experience.

**Bloodborne Pathogen Exposure - Nursing Student Protocols**

This document provides a guide to safeguarding your health following an exposure to blood borne pathogens in the clinical setting. Keep this document handy when in clinical. Keep information on your health insurance handy as well. All costs involved in your testing and treatment are your responsibility.

In the event that you experience a needle stick, cut, mucous membrane exposure or nonintact skin exposure (i.e. chapped or abraded skin) to:

- blood,
- fluids containing blood,
- other potentially infectious fluids (semen, vaginal secretions, cerebrospinal, synovial, pleural, peritoneal, pericardial and amniotic fluids) follow the procedures below:

1. **Clean the area exposed immediately.** For needle sticks or cuts, use soap and water to wash the area. For eye exposure, irrigate the area with clean water or saline. For splash exposures on nose, skin or mouth, flush the area with water.

2. **Immediately report, within 10 minutes,** this exposure to your clinical instructor and preceptor or staff nurse, who should report to the nursing supervisor.

3. With the assistance of your instructor or staff nurse, determine the risk of transmission and the status of the source (patient). Use the attached Public Health Service Guidelines to determine the exposure code and the HIV status code of the exposure source.

Consider:
- the type of exposure (intact skin, mucous membranes, percutaneous)
- the type of fluid involved
- depth of puncture
- volume of fluid
- duration of contact
- age of specimen

Assess the Source (Patient):
- Assessment of any risk factors for blood borne pathogens (history of IV drug use, blood transfusion or organ transplants prior to 1992; chronic hemodialysis; high risk sexual behaviors; received clotting factors before 1987).
- History of Hepatitis B, Hepatitis C or HIV?
- If known HIV positive, is there information on viral load or treatment history?
• Obtain HIV antibody, Hepatitis B surface antigen (HbsAG), Hepatitis B core and surface antibodies, and Hepatitis C antibody levels on the source patient if possible. If the patient is hospitalized, the patient’s physician will be contacted and the patient will be asked for informed consent to have bloodworm drawn. Some hospitals can obtain stat results from an HIV test in 20 minutes.

• If the patient is in a community setting, the patient’s physician must be contacted for the lab work order, the patient must consent to the lab work and to the release of the results to your physician. Assistance may be needed to get the patient to the designated lab. The nursing instructor or preceptor may assist with this process. Cost of the lab work will usually not be covered by the patient’s insurance coverage or by the agency where the injury occurred. The student will usually be responsible for the lab costs for the patient blood draw. (The student’s health insurance is usually not willing to pay for lab work for the source patient, though this may be negotiable).

• In community settings that don’t have access to the STAT HIV test, you may not know the patient source HIV status for several days. In this case, you may start the PEP regimen, and then discontinue it once you know the patient’s HIV status is negative.

If the combination of the exposure code and the HIV status code for the patient indicate that post-exposure prophylaxis (PEP) is needed (i.e. treatment with anti-HIV drugs), treatment should be started within one hour of the exposure. If the exposure code and the HIV status code for the patient are low, treatment may not be indicated, but the decision should be made within one to two hours, in consultation with a physician.

4. Seek treatment within one hour. Time is of the essence.
   • Use hospital emergency rooms or prompt care centers, which are close to you. Urgent care or prompt care type facilities may be able to get you in more quickly than a full-service ER. In Chico, Enloe Prompt Care at Bruce Road is recommended.
   • The Student Health Center cannot do the initial lab screen and does not carry the PEP drugs.
   • You may also contact your own physician, but don’t delay getting treatment if you can’t see your own physician within one to two hours.
   • Treatment includes drawing baseline lab values for the student (HbsAG, Hep C antibody and HIV).
   • All costs of lab work and treatment are the responsibility of the student. The institution or the agency where the exposure occurred has no responsibility to provide any testing or treatment related to the exposure. Estimated cost of PEP drugs for four weeks is about $330.

5. A 24-hour hotline for health professionals is available to help guide you through the process: 1-888-448-4911.

6. Besides the initial lab work and decision about the need for PEP, the following is recommended:
   ✓ Tetanus. If your last tetanus booster was over five years ago, get another.
   ✓ Hepatitis B
     • If your HbsAG results indicate you are a ‘nonresponder’ you will need a Hep B vaccine booster. You may be recommended to repeat the entire Hep B series.
     • If the source (patient) was Hep B positive or unknown, you will likely need Hep B Immune Globulin (HBIG) also.
     • If you have not yet completed the Hep B vaccine series, tell your physician where you are in the series to decide when the next booster should be given.
No routine follow-up after treatment for Hep. B is recommended because post exposure treatment is highly effective.

Report symptoms of hepatitis (yellow eyes or skin, loss of appetite, nausea, vomiting, fever, stomach or joint pain, extreme tiredness).

Hepatitis C
- There is no vaccine against HCV and no treatment after exposure that will prevent infection.
- Obtain baseline HCV testing, and testing 4-6 months after exposure.
- Be aware of signs and symptoms of hepatitis (see above) and report to your physician.

HIV
- After baseline testing, follow-up testing should be done at 6 weeks, 12 weeks and 6 months. (Student Health Center can do the follow-up testing).
- If you start PEP, you should be checked for drug toxicity (CBC, kidney and liver function tests) before starting treatment and two weeks after starting treatment.
- Report sudden or severe flu-like illness, especially if you have fever, rash, muscle aches, tiredness, malaise, or swollen glands.
- Follow recommendations for preventing transmission of HIV (don’t donate blood, organs, semen; avoid sexual intercourse or take precautions; avoid breast feeding).

7. Complete an accident form at the School of Nursing. This must be completed and received by the School of Nursing no more than 24 hours after the injury.

8. Obtain a copy of Exposure to Blood: What Health-Care Workers Need to Know from the School of Nursing Office.
Other information is available at:
- www.cdc.gov/ncidod/diseases/hepatitis/index.htm
- www.cdcnpin.org
- www.cdc.gov/ncidod/hip
- www.cdc.gov/niosh
- www.cdc.gov/hiv

The following label should be carried on student name tags, so they have it handy for quick reference:

-----------------------------------------------------------------------------------
FOR NEEDLESTICK OR BODY FLUID EXPOSURE:
- Wash area immediately.
- Report exposure within 10 minutes to RN and instructor.
- Have instructor, preceptor or other begin process of assessing degree of risk from the exposure source.
- Seek immediate treatment (within 30 minutes) at nearest hospital emergency room or urgent care center. (Do not go to Student Health Center).
- Start PEP, if needed, within 1-2 hours of exposure.
- Call hotline: 1-888-448-4911 if questions.
- Read Exposure to Blood: What Healthcare Workers Need to Know.
- Complete accident report at School of Nursing.
**Pregnant Students**

A primary health care provider’s consent to fully participate in the clinical setting is required of all pregnant nursing students. The School of Nursing and its faculty cannot eliminate all risk factors faced by pregnant students in the clinical setting. Pregnant students must seriously consider what, if any, increased risk there is to the pregnancy from exposure to contagious disease, environmental agents, radiation, chemotherapeutic drugs, and physical exertion in the clinical setting. The pregnant student should discuss these issues with her physician in making her decision on whether to participate in clinical courses.

Pregnant students may choose to stop out of Nursing for medical reasons, or to postpone the clinical portion. Ability to enroll in clinical courses following a stop out will be dependent on space availability. Pregnant students who continue in the program with physician's consent must be vigilant to avoid undue risks, such as exposure to X-rays, volatile gases such as anesthetics and cancer chemotherapy drugs. Be especially careful to abide by universal precautions (see clinical policies). Be certain to consult with your clinical instructor if you have any indication that a client has an infectious disease. Pregnant students are not covered by the University for any accidental exposures or health problems related to the clinical.

**Clinical Agency Requirements**

The following requirements must be completed prior to the first clinical practicum course in the MSN program and, when appropriate, updated. **No student may attend the first day of a clinical course unless all requirements are met.** Clinical requirements must remain current throughout the academic semester enrolled. Students not submitting these requirements before the published deadline may be dis-enrolled from their courses or may have points deducted from their clinical grade. Students must submit verification of these requirements to Castle Branch (See Appendix A – Using [https://www.castlebranch.com/](https://www.castlebranch.com/) for Background Check, Drug Screen, and Tracking Immunizations at the end of these guidelines).

**Health Insurance**

The University does not provide health insurance coverage for students. The Student Health Center provides limited treatment for illnesses or injuries while you are a registered student but no hospitalization, prescription medications, or special care. Some diseases or injuries you may risk could require long-term hospitalization and care. Therefore, supplemental major medical insurance coverage is required for students. You may purchase such a policy through the Student Health Center. Note that hospitals and other clinical agencies used for practice typically do **not** provide free services to you for emergency treatment if you are injured in that agency. If such care is given you will be billed by the hospital.

If you receive financial aid, you may include the added cost of the insurance on your financial aid request. The student is responsible to determine that health insurance coverage includes provisions for emergency room visits or other immediate care in the event of a needle stick or other high risk exposure in the clinical setting, as well as the costs of anti-HIV drugs if the physician determines they are warranted. For example, Kaiser coverage does not always extend to emergency room visits out of their area of service.

Since the School of Nursing policy for needle stick and other blood borne pathogen exposures
may involve an emergency room visit and may require an initial course of anti-HIV drugs, started within one hour, complete insurance coverage is especially important. These costs could easily reach $1000 or more for the initial incident. If you have to start on anti-HIV drugs for a prolonged period, it would be quite expensive.

Please note that Student Health Services provided on campus are not available evenings and weekends, do not cover emergency room treatment, or the costs of anti-HIV therapy, so additional coverage is
necessary. Supplemental health insurance may be purchased through CSU, Chico's student accident and sickness insurance plan at the time of registration. Descriptions of the policy are available online at: https://www.csuhealthlink.com/

Note: CSU students may obtain health services from any CSU health center.

Automobile Access and Insurance

Laboratory experiences are in various settings such as hospitals, health departments and schools throughout Butte County and surrounding counties, and require that students have access to a car. Some clinical facilities may be considerable distances from the Chico campus, i.e., Paradise, Oroville, Marysville, Red Bluff and Redding. Students cannot plan on always sharing rides with other students due to scheduling and the number of independent assignments requiring transportation. Any vehicle students use to attend clinical MUST be insured with an agency that is registered in the State of California. Currently, the minimum acceptable coverage in the state of California is for bodily injury of $15,000/$30,000 and for damage to the property of a third person of $5,000. The public and mental health agencies may require an Affidavit of Coverage. Insurance verification is required in all semesters of the nursing program prior to enrolling in clinical courses.
### Vaccine/Test Requirement

<table>
<thead>
<tr>
<th>Vaccine/Test</th>
<th>Requirement</th>
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<tbody>
<tr>
<td>TB Testing</td>
<td>**2 negative PPD skin tests. Tests can be 1 to 3 weeks apart. In lieu of the PPD tests, a negative Quantiferon Gold Test or a clear chest x-ray will be accepted.</td>
</tr>
<tr>
<td>*Measles, Mumps, &amp; Rubella (MMR)</td>
<td>2 vaccines (after age 12 months) or a positive titer</td>
</tr>
<tr>
<td>Hepatitis B</td>
<td>3 vaccines or a positive titer</td>
</tr>
<tr>
<td>*Varicella (Chicken Pox)</td>
<td>2 vaccines or a positive titer</td>
</tr>
<tr>
<td>Tdap</td>
<td>1 dose in last 5 years (must be age 19 or older at time of last booster). Td vaccine is not acceptable.</td>
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### Other Items Requirement

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<tr>
<th>Other Items</th>
<th>Requirement</th>
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<tbody>
<tr>
<td>BLS</td>
<td>American Heart Association (recommended) or American Red Cross (this may not be accepted at some facilities)</td>
</tr>
<tr>
<td>Auto Insurance</td>
<td>**Proof of active coverage with your name on the documentation</td>
</tr>
<tr>
<td>Personal Health Insurance</td>
<td>**Proof of active coverage with your name on the documentation</td>
</tr>
<tr>
<td>Dependable Transportation</td>
<td>Proof does not need to submitted, but you will be expected to attend all off site/clinical classes</td>
</tr>
</tbody>
</table>

*For MMR and Varicella, you must complete your TB tests prior to receiving a booster if one is required.

**It is acceptable to be on your parent’s or spouse’s policy; however, you must be able to provide documentation showing you are on the policy.

***For TB renewal, a single PPD skin test fulfills the requirement as long a year has not passed between tests.

Note: If you are pregnant or plan to be within the next three months, or if you have underlying health issues, consult your healthcare provider before receiving any vaccinations.

### Professional Liability Insurance Coverage

There is also the risk that you could be sued for malpractice as a result of your participation in nursing practica. We strongly recommend (not required) that you purchase professional liability insurance prior to beginning practicum courses although the University currently maintains a blanket policy which provides some coverage for students enrolled in clinical courses. The cost for such policies is low. For example, the cost for professional liability insurance for a student nurse through the Nurses Service Organization (NSO) [http://www.nso.com/professional-liability-insurance/student-coverage.jsp](http://www.nso.com/professional-liability-insurance/student-coverage.jsp) as of summer 2016 was $23.00 annually. To better protect yourself and your patients, never perform procedures for which you feel you lack the education, training, or skill-set required. Follow clinical policies regarding faculty and staff supervision.

### Background Checks, Drug Testing and Verification of Immunizations
To participate in clinical courses, all students in the program must have a background check and 10-panel drug screen completed through SentryMd or Precheck (See Appendices A and B). No other background clearances or drug tests you may have received can be used to meet this requirement. By virtue of your enrollment in the CSU, Chico School of Nursing, you are authorizing the School to release any and all information contained in your background check and drug screening to any clinical facility that may require that information to approve your participation in clinical courses there.

The package set-up also includes document storage. At the end of the order process, you will be prompted to upload specific documents required by the School for immunization, medical or certification records.

The background check searches multiple databases including the following listed below. The package price includes a search of all counties of residence, within the last seven years. Additional county criminal searches will be performed at no additional cost.

- County Criminal Records
- Nationwide Database
- Nationwide Sexual Offender Index
- Nationwide Healthcare Fraud & Abuse Scan
- Social Security Verifications
- Residency History

Any prior convictions (particularly those related to child abuse, sexual abuse, violent crimes, etc.) will likely result in the student being barred from access to clinical settings which involve vulnerable populations. In addition, several of the clinical agencies (as part of our contracts) in which we place students, require us to report any misdemeanors, especially those that are less than three years old. It is possible that a clinical agency may refuse to allow a student to complete a clinical rotation in their agency as a result of an infraction. In such a case, the School of Nursing will explore options for an alternate placement if possible, but this alternate placement would be contingent upon the agency’s review of those background check results and the agency’s willingness to take that student into their clinical facility.
Any prior convictions related to child abuse, sexual abuse, etc. may result in students being barred from access to clinical settings which involve vulnerable populations. If you have concerns about your background check, please see the Director of the School of Nursing. No other background clearances you may have received can be used to meet this requirement.

**Agency Contracts**
Students achieve some of the course requirements through practical experience in various health care agencies. Student access to facilities is regulated by contracts between the University and the agency, covering policies such as immunizations, workmen's compensation insurance, malpractice and car insurance requirements. Students who do not meet an agency's requirements will be denied access to that facility. It should be noted that the student is not considered an employee of the agencies involved, and has no claim for any employee benefits such as sick leave, vacation pay, social security, retirement benefits, worker's compensation or unemployment benefits. Workmen's compensation may, however, be available from CSU, Chico for injuries incurring during clinical courses (Check with the Nursing Office).

**Patient Confidentiality**
Patient names should never be used in nursing care plans or case studies. Use initials or pseudonyms only. Assignment sheets used in the clinical setting should be destroyed in such a way that patient data cannot be linked to name or room number. You may not photocopy any portion of a patient's medical record. All students will be required to review information on the Federal Health Insurance Portability and Accountability Act (HIPAA) prior to taking clinical practicum courses to comply with patient confidentiality standards.

**Dress Code**
The School of Nursing must comply with the policies of various hospitals, clinics, and other agencies where clinical practice is scheduled. Students should be aware that additional dress restrictions and infection control policies might be required in specific departments of agencies or hospitals. Any other concerns will be addressed through your clinical faculty who has the final decision on dress code implementation.

If unprofessional attire is reported in clinical agencies, clinical grades may be lowered, or preclinical access to patient records may be restricted; additionally, the student may be placed on nursing probation for unprofessional behavior.

In all areas:
- Acceptable jewelry includes only a wedding ring (or cultural wedding symbol), and a watch.
- Earrings must be studs only and are limited to no more than two per ear lobe.
- Necklaces will not be worn outside the uniform when providing patient care.
• No other visible body jewelry or piercing is permitted.
• No visible tattoos are permitted. Previous tattoos should be covered.
• Long hair must be worn up or back from the face, with no extravagant hair ornamentation.
• Hair may be dyed naturally occurring colors only.
• Make-up should be used only in moderation.
• No fragrances should be worn in clinical settings.
• Long fingernails are not permitted; nails must be kept neat in appearance and clean.
• No acrylic (false) nails will be allowed.
Some clinical areas will have more stringent requirements for jewelry due to potential safety hazards.

Professional Attire
When a uniform is not required, students must dress in a professional manner. Whether or not a lab coat is required with your professional attire will be designated by your clinical faculty. Regardless of the clinical agency setting students must conform to the following:

- CSU, Chico photo ID name tag
- Tops must have sleeves
- No breast tissue or cleavage may be visible
- No skirt above knee length
- No open-toed shoes
- No shorts, no jeans, no short tops showing midriff
- No torn clothing.

When a lab coat is worn, professional attire is always required. A laboratory coat is required and must be worn, with your CSU, Chico photo ID name tag, when in the hospital other than for clinical labs, for example, when selecting patients, going to medical records, or reviewing charts. These requirements are in accordance with contractual agreements with clinical agencies for individuals when in the agency in a professional student role.

Scholarships and Financial Aid
Numerous scholarships are available to students enrolled in the MSN nursing program. Applications are secured from the Financial Aids Office: [http://www.csuchico.edu/fa/scholarships/index.shtml](http://www.csuchico.edu/fa/scholarships/index.shtml)
The amount and number of awards vary and are dependent upon earnings of thee permanent funds. The Office of Graduate Studies also posts scholarship information on the [Graduate Equity Fellowship Program](http://www.csuchico.edu/fa/scholarships/types/fellowship.shtml).

Sigma Theta Tau, International/Kappa Omicron
The Chico Honor Society of Nursing, established in spring, 1984 was chartered on April 30, 1988, as Kappa Omicron Chapter of Sigma Theta Tau. Sigma Theta Tau was organized in 1922 at Indiana University to encourage and recognize superior scholarship and leadership achievement at the undergraduate and graduate levels in nursing. Chapters have at least two educational programs each year as well as a formal induction ceremony in the spring. In addition, scholarships, recognition, and awards are available from both the local chapter and national parent organization. Sigma Theta Tau encourages eligible students to join in recognizing professional and scholastic achievement. Master’s students who have completed one quarter of their nursing sequence and meet cumulative GPA of 3.0 are eligible. Each spring, Kappa Omicron offers the opportunity for its members to apply for scholarship funds. The call for applications will be announced to all MSN students via email or the chapter newsletter.
Tutoring and Other Learning Assistance

There are a variety of services available on campus to help students successfully complete their course preparation. Please refer to the Student Learning Center services website at http://www.csuchico.edu/slc/ for assistance with writing, mathematics, reading and study skills. This assistance is available through workshops and courses, as well tutors. Please see your adviser for help in selecting services if you need assistance with any of these skills.

Students who are having difficulty in any area of the academic program should meet with his/her instructor but may also meet with the Graduate Coordinator, Assistant Director or the Director of the School of Nursing. Access to these services is by faculty referral. Limited tutoring will be available for specific problems designated by the faculty.

Counseling Center

The Counseling Service offers you an opportunity to talk with someone in complete confidence about anything you would "just like to talk with someone about." This includes anything you feel the need to "deal with", such as inability to concentrate, loss of confidence or a sense of meaning or of individuality, problems with roommates, parents, your marriage partner, puzzling feelings, drugs, sexuality, divorce, your major or career. You may talk with a counselor about anything you feel a need to talk about. The counselors are men and women who are counseling psychologists, social workers or graduate psychology interns trained and selected to be of maximum assistance.

Group counseling is available for a variety of issues including couples, problem solving/personal growth, and special interest, such as veterans, divorced or separate persons, minorities, weight loss or quitting smoking. Another service available to you is self-assessment testing. Interest, personality, ability and achievement tests may be taken if you decide they might be helpful.

Textbooks and Course Supplements

Textbooks for all courses can be purchased on campus at the Associated Students' Bookstore. Course syllabi/supplements will be available via Blackboard Learn online for students to print. Other costs might include nursing student supplies and access to online computer programs.

Student Learning Center

The Student Learning Center offers assistance in improving your learning skills, managing your time (working out a realistic schedule), reading, listening, note taking, writing, concentration and examination skills for both objective and essay tests.

- Visit the Student Learning Center website for details: https://www.csuchico.edu/slc/
Graduate Handbook Supplement

Introduction to Problem Solving Professional Paper

Master’s Culminating Activity Examination

The master’s examination is designed to test the student’s ability to integrate and apply knowledge from the core areas of nursing to a specialty area. The master’s examination serves as a culminating activity which provides a student with the opportunity to synthesize knowledge and experience gained through his/her master’s program. In the master’s examination, the student will demonstrate through a problem solving professional paper, whether s/he is capable of recognizing relevant concepts within nursing and applying scientific methods and findings to the understanding of those concepts.

The student analyzes a nursing problem within the specialty area of practice and proposes a solution for the problem. The student must demonstrate critique and synthesis of scholarly literature and application of theoretical perspectives. The length of the paper should be 25-35 pages excluding references and appendices.

Through the master’s examination the faculty are seeking validation of a student’s ability to meet program objectives. The specific program objectives that can be most easily assessed directly through the written master’s problem solving professional paper examination are indicated with an asterisk (*). The objectives without an asterisk may be indirectly assessed through the written examination; however, they are evaluated primarily through clinical field work (N685 or N659) and/or employer appraisal post-graduation.

*1. Analyze theoretical formulations from the Sciences and the Humanities as a basis for nursing practice, education, and administration.

*2. Translate and apply evidence based research related to the nature of health/illness and the practice of nursing.

*3. Utilize advanced Master’s level clinical knowledge and skill to promote, maintain, and/or restore optimum wellness to client systems.

4. Assume leadership roles in nursing practice, education, or administration to influence the quality of healthcare.

5. Assume responsibility for developing health care policy relative to social, ethical, legal, economic, and political issues that influence positive change on health care delivery.

6. Organize and develop inter-professional collaborative relationships for the improvement of health care on an agency, organizational, or legislative level.

*7. Synthesize knowledge from the biophysical, social, and nursing sciences which affects health/illness behavior or client systems as a basis for nursing practice, education, and administration.

Guidelines for the Culminating Activity

Problem Solving Professional Paper

Remember that the purpose of the Problem Solving Professional Paper is to evaluate the nursing graduate student’s ability to effectively analyze a nursing problem and communicate a resolution of this problem in a specialty area. Listed below are detailed guidelines to be used for your paper. You will work with a faculty Chair and a second faculty reader. The graduate coordinator is the final reader to approve all papers prior to graduation.
Problem Solving Professional Paper Culminating Activity has Four Required Sections:
I. Introduction: Problem and its Environmental Context
II. Literature Review: Research and Theory
III. Intervention, Implementation, and Evaluation
IV. Summary/Conclusion

Specific guidelines for each section detailed below:

Section I. Introduction: Problem and its Environmental Context (Section IA and Section IB)

Section IA. Identify a significant problem in a specialty area. Present evidence of the problem’s significance by discussing the importance of the problem to clients and/or the nursing profession. Describe an identified need stemming from a discrepancy between what is and what could/should be. The description statement should succinctly specify how this is known to be a problem and include:
The context of the problem
Where the problem occurs?
Who is working to solve the problem?
What is to be accomplished by the proposed plan?
Who is the target population?

Section IB. Describe the characteristics of the environment within which the problem exists. Provide a description of the setting in which the problem occurs. Include the nature of the physical, socio-economic, and/or cultural setting (e.g. home, hospital, school, or agency). Describe the critical factors within the environment that are relevant to the problem and its resolution. Provide a description of roles and interrelationships within the context of the setting including:
A description of responsibilities and functions of individuals significant to the problem.
The roles and responsibilities of the nurse.
Explain the nature of the interactions between significant individuals and the influence of the setting on their relationships.

Section II. Literature Review: Research and Theory (Section IIA and Section IIB)

Section IIA. Document the nature of the problem and current approaches to its resolution found in the nursing and/or other applicable literature. The literature review should be a comprehensive review and synthesis of the current and classic literature emphasizing the most recent 5 year period. Define the limitations of your review and state the range of dates included in the review (i.e. 2012-2017).

Review the references significant to the area, including classic and current works. Identify key components of the articles selected for review.
- For research literature, identify the following study components:
  Sample - subjects and selection criteria
  Design - appropriateness of design; threats to internal/external validity
  Procedure - description of procedural steps
  Measures - reliability and validity; description/definition of measurement
  Results - data analyses described, data fully presented, findings logically presented
  Conclusions - author’s interpretation of findings, author’s discussion of limitations; author’s discussion of generalizations
Demonstrate ability to accurately evaluate the critical elements (listed above) of the reviewed literature and their potential contribution to the identified problem.

**Section IIB.** Identify the concepts that are linked to the problem or the theoretical construct(s) underlying the nature of the problem and/or its resolution. Justify the chosen theory. Adequately discuss and integrate the theory into the problem and into the problem’s resolution. For non-research based literature: Clearly articulate main point(s) of the article.

**Section III. Intervention, Implementation, and Evaluation (Section IIIA, IIIB and IIIC)**

**Section IIIA.** State the intervention or action that could be taken to resolve or minimize the problem. Describe the desired outcome(s) to be achieved by resolving or minimizing the problem using relevant research and/or theory:

- Demonstrate that the intervention has the potential for substantial improvement of the problem. Justify the chosen intervention compared with other alternatives.
- Address the generalizability of program beyond the specific example. Justify the feasibility of the intervention as it pertains to the environmental context (e.g., role of the nurse, available resources, and interrelationships).

**Section IIIB.** Describe the implementation phase.

Outline procedures for implementing the intervention in a logical sequence including who will be involved with implementing and evaluating your proposed intervention. Consider resources and constraints in the environment.

**Section IIIC.** Define an evaluation procedure for the selected intervention. Delineate specific, measurable, and appropriate criteria for assessing each expected outcome. Describe how data would be collected to evaluate the effect of the intervention.

**Section IV. Summary/Conclusion (Section IVA)**

**Section IV A.** Provide a synthesis and summary of the paper. Synthesize the main points of the paper. Bring this culminating activity to a logical conclusion by highlighting the “so what factor.” Emphasize how your proposed problem solving approach can specially be applied to make a positive difference in nursing practice, nursing research, nursing education, and/or nursing leadership.
## Problem Solving Professional Paper Evaluation Criteria

### PSP: Areas to Be Addressed

#### I. Problem and its Environmental Context

<table>
<thead>
<tr>
<th>A. Identify a significant problem in a specialty area</th>
<th>● <strong>Clarity of problem</strong> – Describes an identified need stemming from a discrepancy between what is and what could/should be. The description should specify how this is known to be a problem. The problem statement includes the context of the problem by succinctly identifying what the problem is, where the problem occurs, who is solving the problem, what is to be accomplished, and who the target population is. ● <strong>Significance of problem</strong> – Discusses the importance of the problem to clients and/or the nursing profession.</th>
</tr>
</thead>
<tbody>
<tr>
<td>B. Describe the characteristics of the environment within which the problem exists</td>
<td>● <strong>Clarity of setting</strong> – Describes the nature of the physical, socioeconomic, and/or cultural setting (e.g., home, hospital, school, agency). Describes those critical factors within the environment that are relevant to the problem and its resolution. ● <strong>Clarity of roles and interrelationships</strong>. Describes responsibilities and functions of individuals significant to the problem, including the roles and responsibilities of the nurse. Explains the nature of the interactions between significant individuals and the influence of the setting on their relationships.</td>
</tr>
</tbody>
</table>

#### II. Literature Review: Research, Narrative, and Theory

<table>
<thead>
<tr>
<th>A. Document the nature of the problem and current approaches to its resolution.</th>
<th>● <strong>Quality of references</strong> – Reviews references significant to the area, including classic and current works within the past five years; uses primary sources, identifies gaps in the literature. ● <strong>Addresses elements of critique</strong> – Non-research literature (theory and issues): clearly articulates main point(s) of the article establishes credibility of the author/content Research literature* (the following criteria are addressed): Sample: subjects and selection criteria Design: appropriateness of design; threats to internal/external validity Procedure: description of procedural steps Measures: reliability and validity; description/definition of measurement Results: data analysis described, data fully presented, findings logically presented Conclusions: author’s interpretation of findings, author’s discussion of limitations, author’s discussion of generalizations</th>
</tr>
</thead>
<tbody>
<tr>
<td>B. Identifies the linked concepts or the theoretical construct(s) underlying the nature of the problem and/or its resolution.</td>
<td>● <strong>Quality of theoretical discussion</strong> – Justifies the use of the theory chosen. Discusses it adequately and integrates it into the problem and its resolution.</td>
</tr>
</tbody>
</table>

*some of this information could be provided in a summary table
III. Intervention, Implementation, and Evaluation

A. State the intervention or action to be taken to resolve or minimize the problem.
- **Clarity of expected outcomes** – Specifies the desired outcome(s) to be achieved by resolving or minimizing the problem.
- **Defensibility** – Demonstrates that the intervention has the potential for substantial improvement of the problem. If necessary, justifies choice compared with other alternatives, using relevant research and/or theory.
- **Realism** – Shows feasibility of the intervention as it pertains to the environmental context (e.g., role of the nurse, available resources, interrelationships) as discussed above.

B. Describe the implementation phase.
- **Clarity of implementation** – Outlines procedures for implementing the intervention in a logical sequence.
- **Appropriateness of implementation** – Considers resources and constraints in the environment.

C. Define an evaluation procedure for the selected intervention.
- **Clarity of evaluation criteria** – Delineates specific, measurable, and appropriate criteria for assessing each expected outcome.
- **Appropriateness of evaluation procedure** – Describes how data would be collected to evaluate the effect of the intervention.

IV. Technical Criteria

- **Grammar and spelling**
- **Organization of paper (clear and logical sentence structure)**
- **APA format**

V. Conclusion

- **Synthesis and summary** - Describes an overview of the paper, emphasizes and illustrates the main points of the paper and brings it to a logical conclusion.

Rubric Scoring Sheet for Problem Solving Professional Paper

Master’s Examination
Culminating Activity

Note: Students must pass each criterion with a score of a 3 or a 4 in order to pass this culminating activity exam. All papers will be put into Turnitin to check for originality. The Office of Graduate Studies has set an originality target goal of 10% or less.

Student Name __________________________ Faculty Reviewer _______________________

Scoring Procedure:
1. Refer to the Problem Solving Professional Paper evaluation criteria for definitions of criteria listed below.
2. Check the appropriate rating for each criterion.
   - 4 = excellent
   - 3 = acceptable
   - 2 = needs improvement
   - 1 = poor

Please rate the Problem Solving Professional paper Master’s examination on the following criteria:
I. Problem and its Environmental Context
A. Identifies a significant problem in specialty in which the problem exists
   - Clarity of problem ................................................................. 4 3 2 1
   - Significance of problem ......................................................... 4 3 2 1
B. Describes characteristics of the environment
   - Clarity of setting ................................................................. 4 3 2 1
   - Clarity of roles/interrelationships ........................................... 4 3 2 1

II. Literature Review: Research, Narrative, and Theory
A. Documents the nature of the problem and current approaches to its resolution
   - Quality of references ............................................................ 4 3 2 1
   - Addresses elements of critique .............................................. 4 3 2 1
   - Quality of critique/interpretation .......................................... 4 3 2 1
B. Identifies the concepts that are linked or theoretical construct(s) underlying the problem and/or its resolution
   - Quality of theoretical discussion ......................................... 4 3 2 1

III. Intervention, Implementation, and Evaluation
A. States the intervention or action to be taken to resolve or minimize the problem
   - Clarity of expected outcomes ................................................. 4 3 2 1
   - Defensibility ................................................................. 4 3 2 1
   - Realism ................................................................. 4 3 2 1
B. Describes the implementation plan
   - Clarity of implementation ..................................................... 4 3 2 1
   - Appropriateness of implementation ..................................... 4 3 2 1
C. Defines an evaluation procedure for the selected intervention
   - Clarity of evaluation criteria ............................................... 4 3 2 1
   - Appropriateness of evaluation procedure ................................ 4 3 2 1

IV. Technical Criteria
   - Grammar and spelling .......................................................... 4 3 2 1
   - Organization of paper ........................................................... 4 3 2 1
   - APA format ........................................................................ 4 3 2 1

V. Other
   - Scholarliness ..................................................................... 4 3 2 1
   - Evaluation of work as a whole ............................................. 4 3 2 1

Check one:   ___Pass, no revisions required
___ Revisions required by
___ Fail

Please include comments on the following page.
Scoring Sheet for Problem Solving Professional Paper
Master’s Examination
Culminating Activity - Faculty Comment Sheet

Student’s Name ____________________________

1. Positive comments regarding examination.

2. Items rated 2 or 1 must receive comment. Additional items may be commented on as desired.

Signature of Faculty Reader ____________________________ Date ____________

Please return both sheets to the chair of the master’s examination committee.

Guidelines for Culminating Activity Coursework Units
Students will be working on portions of their culminating activity throughout the graduate program. The N620 course will provide students with designated course time devoted to developing the introduction and theoretical framework sections of the paper. Students will continue to progress on the literature review portion of the paper in the N660 course. The N660 course counts for 1 unit toward your required 3 units of culminating activity. Students will continue work to complete the culminating activity while enrolled in two units of N697P. In the case that a student has not been able to complete the culminating activity at the end of the NURS 697P course, students will need to stay continuously enrolled via adjunct status through Continuing Education. Students sign up for GRST 899. Costs for adjunct status are currently approximately $180.00/semester.

Guidelines for Problem Solving Professional Paper Committee
The Graduate Coordinator and the School of Nursing Director will identify a Chairperson who will guide the student in the N697P course. An additional faculty member will serve as a second reader. This will occur toward the end of the N697P course and until the student has completed the culminating activity. The Graduate Coordinator will be the third reader for all culminating activity papers and will review all papers for a passing score prior to scheduling the oral defense and prior to approval for graduation. Students need to give faculty adequate time to read and provide feedback on papers. Faculty can take up to two weeks maximum to provide feedback to students on the culminating activity.
Once the Professional Paper Committee is constituted, the Graduate Coordinator must approve any changes in membership. A Change of Program Form must be completed (including faculty signatures) and submitted to the Office of Graduate Studies office.

**Human Subjects Approval**

Most of the time students will not need to collect data on humans as part of the problem solving paper. In the event that data will be collected as part of the problem solving professional paper culminating activity, the student must apply to the University Institutional Review Board for Human Subjects Review. All studies involving human subjects (including chart reviews, surveys, or questionnaires) must be approved by the University Human Subjects Review Committee. This is to assure compliance with the ethical and legal standards established for the protection of human subjects in research. **No data collection may take place prior to the completion of this review.**

**Guidelines for Conducting the Final Oral Defense of the Graduate Program Culminating Activity**

**The Graduate Advising Committee Chair will:**

A. Assure the student’s readiness for oral defense in consultation with the Graduate Advising Committee and the Graduate Coordinator. Students must earn a passing score of a minimum of a 3 across all sections of the problem solving professional paper scoring rubric before the oral defense will be scheduled.

B. Schedule the defense and the room in which the defense will be conducted. Students living at a distance may be allowed to conduct the oral defense from their home setting using videoconferencing technology. That defense must be scheduled at least two weeks prior to the published Graduate School deadline date, and at a time when all Graduate Advising Committee members and the Graduate Coordinator can attend. Notify all parties of the time and place of the examination.

C. After successful completion of the oral examination, sign and obtain the signatures of the Graduate Advising Committee members on the Final Progress Sheet, then turn a copy of this into the Graduate School.

**The Graduate Coordinator will:**

A. Assure the student’s readiness for oral defense in consultation with the Graduate Advising Committee Chair.

B. Conduct the oral examination.

C. Determine by simple majority vote the decision of the Graduate Advising Committee and the Graduate Coordinator. Communicate the decision to the student at the completion of the examination.

D. Along with the members and chair of the Graduate Advising Committee, sign the required paperwork generated by the Office of Graduate Studies indicating that the student has met all of the requirements of the graduate program.

**The Student Will:**

A. Work closely with the Graduate Advising Committee to prepare the final draft of the professional paper. Submit a copy of the final draft to the Graduate Coordinator. Make any revisions suggested by the Graduate Coordinator.
B. At least ten (10) working days prior to the oral defense date, provide all Graduate Advising committee members and the Graduate Coordinator with final copies of the culminating activity.
C. During the oral defense, present an oral summary and power point presentation (or use other forms of presentation) of the professional paper overview. Be prepared to respond to any questions about the problem solving professional paper.
D. Work with the Graduate Advising Committee chair to make any necessary changes to the professional paper and submit the completed professional paper and submit the PowerPoint (or other presentation software) oral presentation to the Committee members and to the Graduate Coordinator.

Students who wish to write a thesis or to conduct a project, instead of completing a problem solving professional paper, do have this option and should be aware that both of these culminating activities typically take longer to complete than does a problem solving professional paper. Students wishing to pursue either of these options will need to meet with the Graduate coordinator to discuss what is involved with writing the required chapters for a thesis or for a project.
Appendix A - Student Nurse Background Check and Drug Testing Policy

Applicability and Purpose

This policy applies to all students enrolled in the California State University Chico (CSUC) School of Nursing (SON) undergraduate and graduate programs and addresses required background checks and drug testing for students. The goal of these screening requirements is to assure compliance with clinical remediation and to promote safety of clients served in clinical agencies.

Policy

Students must submit to and satisfactorily complete a background check and urine drug screening as a condition for admission into all programs within the CSUC School of Nursing. An offer of admission will not be final until this background check and drug screening are completed and reviewed by the School of Nursing. Admission may be denied or rescinded based on these results. Additionally, students who are enrolled in the School of Nursing may be required to complete additional background checks and drug screenings during the course of their study (this may be required by a clinical agency or for reasons described in the CSUC School of Nursing Student Guidelines). Students who refuse to submit to the background check and drug screening will be dismissed from the program.

Background Check and Drug Screening Reports

The CSU Chio School of Nursing will designate an approved company to conduct the background checks and drug screening. Students and applicants are required to self-disclose any criminal conviction or any potentially positive drug screening information when they apply to the program, or when subsequent drug screening may be required. The designated company will issue reports directly to the SON. Results from a company other than the designated company will not be accepted.

Students and applicants will contact the designated company and arrange for the background check and drug screening, complying with the requirements for obtaining the checks and drug screening, and reporting of the results. This will include authorization for obtaining the background check and drug screening and release of information to the SON.

Background checks and drug screenings must be completed prior to the start of the first semester, or prior to beginning the clinical course when subsequent drug testing is required. Students and applicants are responsible for payment of any fees charged by the designated company.

When reviewing results, the Director of the SON or her/his designee may consider the nature and circumstances of criminal convictions, or positive drug screen. Criminal convictions (such as the timeframe, severity and circumstances surrounding the conviction) will be examined in
terms of the student’s ability to meet the requirements of the program as well as his/her eligibility to take the NCLEX exam. In reviewing background checks and drug screening, the Director or her/his designee may seek advice from University counsel, University police, or other appropriate advisors.

Evaluation of a *positive drug screen* will consider disclosure of medications used and the student’s ability to safely meet the requirements of the program and our clinical agencies.

Results of the background check and drug screens will be made available to the student, the CSU Chico
School of Nursing and any clinical facility that requires this information, before a student may begin a clinical rotation. Should a clinical agency refuse to place a student based on the outcome of either the background check or drug screen, the SON is not required to arrange alternate clinical placements but will attempt to make such placements, if possible, on a case-by-case basis. If alternate placements are not possible, the student cannot continue in the nursing program. All background checks and drug screenings are considered confidential.

Derogatory information of the following nature, which is obtained as the result of the background investigation, may make clinical placement impossible and will likely result in dismissal from the nursing program.

1. Any felony convictions including plea agreements to felony convictions
2. Sexual assault, rape, indecent exposure, lewd and lascivious behavior, or any crime involving nonconsensual sexual conduct committed
3. Child abuse, sexual exploitation of children, child abduction, child neglect, contributing to the delinquency or neglect of a child, enticing a child for immoral purposes, exposing a minor to pornography or other harmful materials, incest, or any other crime involving children as victims or participants committed at any time.
4. Any charge related to illegal drugs, such as (but not limited to) possession of drugs or paraphernalia, or trafficking.
5. Abuse, exploitation or neglect of a vulnerable adult (disabled or elderly) committed at any time.
6. Offenses involving substantial misrepresentation of any material fact to the public or an employer, including embezzlement, bribery, fraud, racketeering or allowing an establishment to be used for illegal purposes.
7. First or second degree arson
8. Kidnapping
9. Any offense in another state or country, the elements of which are substantially similar to the elements of the above offenses.

The procedures that are followed for students or applicants who are suspected of being under the influence of alcohol or drugs are contained in the student guidelines.

Students Rights

Students and applicants have the right to review the information reported by the designated company for accuracy and completeness and to request that the designated company verify that the information provided is correct. If any applicant or student believes the information is inaccurate, he/she has the right to appeal the decision and request a review with the SON. It is the student or applicant’s burden to produce substantial evidence to prove the reports are incorrect.

Review Standards

In reviewing the background checks and drug screening results, the Director of the SON or
designee in consultation with the Executive Committee will consider the following factors in making his/her determination of the student’s ability to enter or progress in the program: the nature and seriousness of the
offense or event and the relevant circumstances surrounding the offense or event. This determination will prioritize the safety interests of the patient and the clinical agencies where students are placed.

**Deferment**

A reviewing committee may extend an offer of admission for up to one year while a matter is being resolved.

**Other Provisions**

A background check and drug screening will be honored for the duration of the enrollment if:

- the student is continuously enrolled unless required more frequently by a clinical agency in which the student is placed;
- or there is reasonable suspicion that the student has violated the student guidelines related to drug and/or alcohol use/dependency or is convicted of one of the crimes listed above during his/her time in the program. A student who has a break in enrollment is required to complete a new background check and drug screening prior to his/her return to the clinical setting.

Falsification of information on background checks and drug screening, including omission of relevant information, may result in denial of admission or dismissal from the nursing program.

**Rationale**

Health care providers are entrusted with the health, safety and welfare of patients, have access to controlled substances, confidential information and operate in settings that require the exercise of good judgment and ethical behavior. Thus, an assessment of a student or applicant’s suitability to function in such a setting is imperative to promote the highest level of integrity in health care services.

Clinical facilities are increasingly required by accreditation agencies, such as the Joint Commission on Accreditation of Healthcare Organization (JCAHO), to conduct background checks and drug screening for security purposes on individuals who provide services within the facility and especially those who supervise care and render treatment.

The Joint Commission on Accreditation of Healthcare Organization (JCAHO) Comprehensive Accreditation Manual for Hospitals 2004 added to their Human Resources Standards (HR.1.20) a section related to criminal background checks. The JCAHO standard requires agencies to include nursing students in criminal background checks when required by state law, regulation or hospital policy.

According to the California Board of Registered Nursing document on background checks for student nurse placement, clinical agencies have the right to establish criteria that would exclude a student from placement at their facility. Those clinical agencies that have a policy that include student nurses in their requirement for criminal background checks will need to comply with their own policy to be compliant with the JCAHO Standard. HR 1.20. On the other hand, agencies may use different criteria for students than are used for employees or exempt them entirely and still meet JCAHO Standards.
Clinical rotations are an essential element in nursing programs. Students who cannot participate in clinical rotations due to activities revealed in a background check or have illegal substances found in their drug screening are unable to fulfill the requirements of the program and may not be admitted to or may be removed from the program.
Appendix B - Using SentryMd/Precheck

ACCOUNT ACCESS

Please note your account will only be available after you have registered and sent Part I of this packet into Sentry MD. You should have received instructions sent along with your semester 1 packet.

Your account allows you to see your status and download/print documents that have been processed by Sentry MD. Please make sure to submit document requirements to the Upload link https://mysentrymd.com/sentrymd.html#/upload/59 as you are not able to upload directly to your account, all documents are reviewed and processed prior to showing in your account *(processing can take 24 to 48 business hours)*.

**Link to Sentry MD system:** https://mysentrymd.com/sentrymd.html#/home
1. Enter your User ID: (email address in all lowercase)
2. Click on Set Password
3. Enter your email address (your User ID will be the email address you registered with in all lowercase)
4. You will be sent a token to your email address
5. Enter Token from email onto site
6. Create a Password
7. Click link to go to login screen

Once you are logged into your account, you will note on the landing page how easy it is to see if you are compliant or not with the requirements for your program. A blue checkmark next to each of the requirements means you are compliant. Requirements without the blue checkmark indicate you are missing documentation and these items need your attention. In addition to viewing your status at any time, you can download and print your landing page checklist and any or all the documents you have submitted by clicking the Documents Button. Only documents that have completed processing will appear in your account; please note processing can take 48 business hours. We hope these tools help you stay on top of your status and keep you compliant with your program requirements.

SUBMITTING DOCUMENTS

All documents must be submitted in PDF format. Documents should be submitted as a PDF attachment via email to CSUCHICO@SentryMD.com or uploaded to the Secure Student Uploader at https://mysentrymd.com/sentrymd.html#/upload/59.

If you have any questions regarding this packet, please email us at CSUCHICO@SentryMD.com.