

Student Success Map

B.A. in Psychology
Department of Psychology

Essentials for Every Semester

- Meet with your major advisor and consult **Advisors** in SSC 220 as needed for course selection strategies. Take courses in the proper sequence.
- Meet deadlines to **register**, pay **fees**, and **apply** for financial aid.
- Check your **DPR**. Are you on-track to meet requirements?
- Complete a sufficient number of units each term (15–16 units) to graduate in four years. Some programs require more.
- Check your **Student Center** prior to registration for registration holds and updating your personal info.
- Check your **Student Center** in the first two weeks of classes to confirm your class schedule and that all adds and drops have been processed as you expected.
- Check your **Student Center** after each semester for your grades and academic standing. If your GPA drops below a 2.0, consult an **Advisor**.

FRESHMAN

Learn where to find and how to use campus resources such as the **Student Learning Center**, **Health Center**, **Academic Advising**, **Wellness Center** and your faculty advisor. Visit each of your instructors during their office hours. Make a point to get to know your professors. Visit Peer Advising, Modoc 225.

Get Good Advice

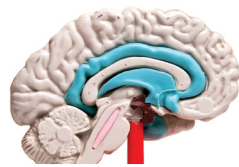
Obtain your Major Academic Plan (**MAP**). It will enable you and your advisor to plan for each semester.

Take the Right Classes

If you need preparatory math and/or English courses, complete them in your first year.

Take PSYC 101

Apply What You Learn



Visit the **Student Activities Office** and get involved with a club or organization - or start your own. Check out the **Freshman Leadership Opportunity (FLO)**.

Connect with Peers

Read the **Book in Common (BIC)** and participate in BIC activities.

Visit the **CAVE** office, BMU 309

Think Globally

Select courses in GE that meet the **diversity requirements** (US Diversity and Global cultures).

Consider a time management workshop in the **Student Learning Center**.

Prepare for Life After Graduation

Use the **Career Center** to assess your interests, skills, and work values.



SOPHOMORE

Know how to use your Degree Progress Report (**DPR**) in your Student Center. Go to **Academic Advising** for help.

Complete your **GE Foundation courses**. Explore **GE Pathways**. Consider completing an **interdisciplinary minor** within your GE. Consult an **advisor** for help.

Take PSYC 261

Consider an **internship** to explore your major and build professional skills. Internships provide you with valuable work experience prior to graduation.



Explore **Study Abroad** opportunities. Attend an info meeting they offer every semester. Or consider **National Student Exchange**.

Speaking a **second language** can increase employability.

Read *Careers in Psychology*, apa.org

JUNIOR

Apply for graduation one year in advance of your expected graduation date.

Become a **Peer Advisor!** (PSYC 310)



Begin your **Upper Division GE Pathway** courses.

Take PSYC 324, 334, 364



An internship, PSYC 489, can be highly valuable.

Review your involvement, leadership, and cultural resumes. Have you participated in on- or off-campus activities such as clubs, community service, recreational opportunities, musical, dramatic or cultural performances, lectures or forums? Join **Psi Chi**.



Read *Applying to Grad School* apa.org

Visit the **Career Center** to learn about career opportunities and résumé building. Attend a **career fair** on campus, regularly scheduled early in fall semesters and several times during spring semesters.

SENIOR

Confirm completion of the major with your **PSYC advisor**.

Confirm graduation progress with an **Evaluator**.

Finish all **major requirements**.

Take Senior Capstone, PSYC 401 (WP)



Network with **alumni**, advisory boards, and other potential employers.

Obtain a leadership position in **Psi Chi**.

Take **GRE** or **MAT** (LSAT or CBEST). Apply for **graduate/professional school**.

Graduation and Beyond

Private Sector

- *Human Resources Manager*
- *Employment Interviewer*
- *Medical Case Manager*

Government

- *Teaching/Training Programs*
- *In-Service Director*

Non-Profits

- *Crisis Counselor*
- *Community Activist*
- *Community Relations*

Other Careers

- *Research Assistant*
- *Mental Health Technician*
- *Residential Youth Counselor*



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