



RURAL CALIFORNIA NURSING PRECEPTORSHIPS
A Unique Clinical Nursing Experience That Builds Confidence & Competency

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Guidelines for Formulating Goals and Objectives

Composing a brief summary of your goals and objectives is essential in giving your preceptorship focus and direction. Additionally, it will help your preceptor gain more understanding of what you hope to accomplish during your placement.

To Begin

Your written goals and objectives should be: 1) typewritten, 2) limited to one page, and 3) include your name and the title, “Preceptorship Goals and Objectives” at the top of the page.

Establish Your Goals

Write two or three sentences that summarize your overall goals. You may find it helpful to simply answer the question: After coming away from this experience, how do I want to be changed?

Writing the Objectives

- Begin your list of objectives with... I will: (Please start your list with the following objective)
 - I will become familiar with the workplace culture, relevant protocols, and staffing patterns at my placement facility.
- Follow with your own objectives
 - When composing objectives, keep in mind that the more specific you are, the easier it will be for you and your preceptor to develop a plan that will help you meet them.
 - To help get you started, the following list includes areas in which you may want to grow:
 - Subjective findings such as history-taking
 - Objective findings such as physical assessment
 - Familiarizing self with referral agencies
 - Practical use of the nursing care plan
 - Medication administration
 - Reporting findings/communicating with physicians and other providers
 - Participating at staff meetings, case management meetings, etc.
 - Competency with various procedures
 - Documentation
 - Giving report
 - Organizational skills
 - Time management, prioritization, & triage
 - Interpreting lab values
 - Patient teaching