



RURAL CALIFORNIA NURSING PRECEPTORSHIPS

A Unique Clinical Nursing Experience That Builds Confidence & Competency

www.csuchico.edu/rcnp
Chico State Enterprises
Chico, California 95929-0301

Skills Proficiency Check List

Student: _____

Date: _____

Self Assessment Key:

- 1 = Proficient** (Confident in performing procedure. No assistance needed.)
- 2 = Needs Supervision** (Needs review and/or assistance to feel comfortable in performing procedure.)
- 3 = No Practical Experience** by above date. May have had experience by time preceptorship begins.

Please check the appropriate box next to each skill below:

	1	2	3		1	2	3
NEURO				MEDICATION ADMINISTRATION			
Neuro Checks				Topical Ointment/Patch			
				Sublingual			
PULMONARY				Rectal Suppository			
Oxygen Set Up - Nasal Prongs				Sub Q			
Incentive Spirometer				IM			
Trach Care / Suctioning				NGT Meds/Feedings			
				COMPUTER CHARTING			
CARDIAC				System Used:			
EKG - Telemetry				System Used:			
Heart Sounds/Arrhythmia Identification							
				IV ADMINISTRATION AND CARE			
G/I				Start IV			
Bowel Sounds				IVPB			
Stool Specimen				Heplock Med & Flush			
Enema				Change IV tubing			
Oral Suction				IV Pump Set Up			
NGT Insertion				Dressing Change for Central Lines			
NGT Residual Check				Hep/Saline Flush for Central Line			
D/C NGT							
				DOCUMENTATION			
G/U				Graphic Vital Signs			
Catheter Care				Intake & Output			
Urine Specimen from Catheter Port				Head-to-toe Assessment			
D/C Foley Catheter							
Bladder Irrigation				NURSING PROCESS			
Catheterization - Male				Nursing Care Plans			
Catheterization - Female				Interpreting Lab Work			
				Prioritizing Patient Needs			
INTEGUMENTARY							
Dry Dressing Change				COMMUNICATION			
Wet to Dry Dressing change				Patient/Family Teaching Skills			
Wound Packing				Delegating to CNAs/LVNs			
Wound Suction: Hemovac				Giving Report			
Wound Suction: Jackson-Pratt							
Remove Staples				MISCELLANEOUS			
K-pad				BG Finger-Stick			