

Division of Student Affairs

Departmental Annual Report Outline

Recreational Sports (Intramurals & Sport Clubs)
Annual Report 2018-2019

I. Department Mission Statement:

Recreational Sports is dedicated to providing recreational activities for the students, faculty and staff of CSU, Chico. Our mission is to promote and advance healthy lifestyles through recreational programs and participation opportunities. Our staff is committed to excellence and responsiveness in regard to the needs of our members. The WREC moves the campus community through play, wellness, and adventure.

Values:

Inclusion

Fun

Excellence

Student Development

Sustainability

Leadership

Sport Club Program Mission Statement:

The Collegiate Sport Club Program provides students the opportunity to participate in competitive sports against other intercollegiate teams and represent Chico State, as a means to enhance their collegiate experience and provide a vehicle for a well-rounded education through physical, social, and leadership development.

Department Goals (Last reviewed July 2019):

- Provide information, services and support for student involvement in recreation and sports.
- Provide exciting and fun recreational opportunities for students.
- Develop and promote leadership opportunities for students.
- Be a department that reflects the evolving diversity of our society and campus community.
- Continue to be a leader for recreation, fitness, and leisure experiences for the Chico State campus community.

II. Department Accomplishments - A highlight

- Implement part-time athletic training position with concussion management, clinic hours, and home game coverage in anticipation of our full-time need in Fall 2019.
- Have a formal cease and desist issued to non-affiliated organizations regarding use of University Logo/Name
- Release new department website that is ADA compliant and in-line with University Standards (Cascade 3.0)
- Started collecting demographic information (ethnicity) for Intramural Participants
- Of the 21 Competitive Sport Clubs, 18 teams had a cumulative GPA higher than 2.9 for the 2018-2019 academic year.

Diversity Efforts:

- This year Intramurals asked the ethnicity of our participants for the first time. Our findings showed that...
 - 52% of our participants were White
 - 28% of our participants were Hispanic/Latino
 - 4% of our participants were Asian
 - 3% of our participants were Black/African American

This helped set a baseline for the program so that we can focus efforts on those ethnic groups that are underrepresented in our program.

- Continued to increase the funding to provide additional Sport Club Student Athlete Scholarships. These awards are based on financial need, GPA, and participation which the program to continue to reduce the financial burden on students making the program more affordable. This year the program awarded \$10,000 to students to offset the overall cost of their participation.

III. Changes in Policies and Procedures

- In order to put “face” back on the program we began conducting Intramural Captain’s Meetings. These mandatory meetings were held once a week during the semester and in order to qualify for playoffs teams had to send a representative to one meeting. During these meetings we discussed Policies and Procedures, Scheduling, Adding/Dropping Players, Staff Interaction, etc. We felt these meetings proved very successful since we saw a reduction in the number of issues regarding simple policy and procedures. We also noticed a reduction in the amount of complaints registered toward our staff. This next year we are going to standardize the meeting days/times to make it easier for team captains to work the meetings into their schedules.
- In the past, we have had issues with highly skilled Intramural teams competing in lesser competitive divisions in order to win. This year, in order to incentivize those more highly skilled teams into participating against teams of similar skill levels, we added a “Gold” league in each of our sports. The gold league champions received a special gold intramural champion shirt which set them apart from other division champions. This change worked out well since we saw less highly competitive teams competing in lower divisions. This lessened “blow outs” and made the league more fun for all skill levels.
- Through more focus on training with our Intramural supervisors, this year we successfully integrated Connect2 more into our program. Connect2 is a facility management program for use on tablets. The Intramural Staff did a much better job tracking injuries and incidents on Connect2 and this allows us to be better able to compile reports and look for any trends in injuries in a sport that may need to be addressed. One trend we did recognize is the amount of head injuries/concussions we see in flag football.
- As we saw an increase in head injuries and were better able to track injuries using Connect2 we were able to work closely with our Athletic Trainer to come up with a return to play protocol for Intramural participants. This proved invaluable to ensure that injured participants did not return too soon as well as provide a resource for participants to seek proper treatment.
- Concussion Management Implementation for Sport Clubs: with access to an Athletic Trainer, we were able to implement a concussion management plan that involved baseline testing, education, and return to play protocols. This ensures our student-athletes are getting back to play in a safe, timely manner.

IV. Resources Summary:

Resource Allocation:

State general funds are used for 3.5 professional positions in Recreational Sports (approximately \$350,000). The IRA operational budget is approximately \$290,000. Work Study provides another \$39,000. Most the IRA operational budget is used on Student Assistants (student wages) and Sport Club Team travel. Fees and summer camp revenue is at \$50,000. Revenue funds are used for the full-time competitive sports coordinator position through the Foundation. Sport Club teams account for \$485,000 in expenses for travel, team equipment, uniforms, etc. Most of this funding is accrued from participation dues, donations, and fundraising.

Human Resources:

With the Director of Recreational Sports retiring, a promotion from within was possible making Kendall Ross the Director of Recreational Sports as of January 1. This promotion required backfilling and a new hire for the Sport Club Coordinator position. Tony Perez (Rec Sports' ASA II-office coordinator) applied and received the Sport Club Coordinator position in April, which meant a new hire for the reclassified ASC I office coordinator position was needed. The ASC I position is currently in the recruitment process with an expected start date of August 12, 2019. In anticipation of the Special Athletic Fee referendum dollars (starting Fall 2019), Rec Sports employed a part-time athletic trainer for the 2018-2019 academic year. This allowed procedures and processes to begin as we anticipate the arrival of a full-time athletic trainer for Fall 2019.

Facilities/Equipment:

Currently, our natural grass fields are shared between Recreational Sports, Intercollegiate Athletics, and the Department of Kinesiology. With Field 10B and Yolo being nearly unplayable and many times inaccessible, we face the dilemma of having less than 50 hours of outdoor programming time. Fifty hours is not nearly enough field space and time to meet the demands of our Recreational Sports programming needs.

Having 60+ hours available is a perfect case scenario and does not account for weather and maintenance related closures that can last days to months. Additionally, since most of our current fields cannot be secured, these 50 hours does not reflect the times the fields are closed for damage inflicted by unauthorized use. Finally, the state of the current fields is poor and very close too unplayable due to years of drought and overuse.

V. Program Assessment of Past Year

Program Objectives:

- Hire a professional full-time athletic training position for the Sport Club Program.
In progress – expected completion date: 9/1/19
- Develop a Sport Club Fundraising Handbook.
In progress – expected completion date: 8/24/19
- Continue to work with accounting to transition sports club bank accounts from the Foundation to state-side.
In progress – expected completion date: 9/1/19
- Increase the number of clubs recognized as a sport club.
Completed – recognizing an additional four clubs moving into next year.
- Work with the Master Planners to develop cost estimate and architectural drawing for an artificial turf field with lighting.
In progress – expected completion date: TBD

Ongoing Assessment Efforts:

Each semester we survey our participants to have them provide feedback on their experience participating in Intramural Sports. This year our participants indicated that:

- Over 75% of respondents “Agreed” and/or “Strongly agreed” that the league(s) met their expectations.
- Over 80% respondents had fun while participating.
- Over 65% of respondents felt our staff was approachable, enthusiastic, and professional.
- Over 90% of respondents said they would participate again.

This feedback continues to help us drive our program. We strive to offer minimal barriers to participation and we require no previous athletic experience in order to participate.

Demographically Intramural Sports served 3,000 students, managed 250 teams and officiated 704 games during the 2018/19 academic year.

- 74% of participants were males
- 26% of which were females.
- 12% of our participants were Freshman
- 18% were Sophomores
- 32% were Juniors
- 38% were Seniors
- We held 17 special events/tournaments over the course of the year including...
 - Innertube Water polo (1)
 - Archery Tag (2)
 - Mario Kart - eSports (1)
 - Air Hockey (1)
 - Bubble Soccer (5)
 - Trike Races (1)
 - Ping Pong (4)
 - Badminton (2)
- Indoor and Outdoor Soccer remain our biggest sports attracting 29% of our total participants.

Sport Clubs (Competitive only, not including recreational clubs):

of competitions: 122

of participants: 674

of hours practiced: 3,390

Demographic information:

Ethnicity:

- 68% Caucasian
- 18% Hispanic
- 4% Asian
- 3% African American
- 3% Prefer not to identify
- 2% Pacific Islander
- 2% Other

Gender:

- 53% Male

- 46% Female
- 1% Prefer not to identify

Class Level:

- 22% Freshman
- 22% Sophomore
- 28% Junior
- 27% Senior
- 1% Graduate

Transfer Student:

- 14% Yes
- 86% No

*any percentages less than 1% were categorized as other.

Service Usage Summary:

Student Assessment of Satisfaction, Quality and Student Learning Outcomes

- Each semester we survey our employees in order for them to provide feedback on experience working for Intramural Sports. This year a strong focus of our training was “tying back” the skills gained on the job back to how they could then apply those skills both inside and outside the classroom. Using the “Considering the Impact of Participation and Employment of Students in Campus Activities and Collegiate Education on the Development of the Skills Employers Desire Most” published by NACA and NIRSA. This year we asked our 25 student employees the following questions:

“Through my employment with the Intramural Sports program I have improved...”

- My ability to work in a team structure = 98% “Agreed” or “Strongly Agreed”
- My ability to make decisions and solve problems = 99% “Agreed” or “Strongly Agreed”
- My ability to verbally communicated with persons inside and outside the program = 93% “Agreed” or “Strongly Agreed”
- My ability to plan, organize and prioritize work = 99% “Agreed” or “Strongly Agreed”
- My ability to obtain and process information = 99% “Agreed” or “Strongly Agreed”
- My technical knowledge related to the job = 99% “Agreed” or “Strongly Agreed”
- My proficiency with computer software programs = 80% “Agreed” or “Strongly Agreed”
- My ability to create and/or edit written reports = 80% “Agreed” or “Strongly Agreed”
- My ability to sell or influence others = 63% “Agreed” or “Strongly Agreed”

This is incredibly important information for us to have because it strongly shows that our students are learning real world skills from their employment that positively reflects back onto their educational and future career goals.

- Each semester Intramurals survey’s participants for feedback on their experience participating in Intramural Sports. This year the participants indicated that:
 - Over 75% of respondents “Agreed” and/or “Strongly agreed” that the league(s) met their expectations.
 - Over 80% respondents had fun while participating.
 - Over 65% of respondents felt our staff was approachable, enthusiastic, and professional.
 - Over 90% of respondents said they would participate again.

Of the surveyed Sport Club Participants:

- 91 % said participation in their Sport Club is important to their overall Chico State experience.
- 83% said their overall participation in their Sport Club was above average or excellent
- 85% of the club officers ran for a position for a leadership opportunity

Answers from Sport Club survey:

- Please describe any life skills, or positive qualities you have gained by participating within your Sport Club:
 - “The Rowing Club is the first official sport club I have joined, and it has provided me with many life skills. With rowing, we must work together perfectly as a team, regardless of our differences. Rowing also pushes us past our mental barriers, showing us what we are capable of accomplishing. Due to its time-intensiveness, I have also excelled at time management by balancing school, work, and rowing. I am definitely glad that I joined the rowing club.”
 - “This sport taught me time management, perseverance, how to communicate with an array of personalities and encourage one another, and how to constantly be testing the limits of my own capabilities. Also, I can now call myself a National Champion rugby player....”
 - “Managed my time more efficiently between school, the club, and social life. I have managed to wake up during the early mornings for practice and function through the rest of my day without allowing it to affect my work. I have gained confidence with the mental difficulties it comes with playing sports. I have physically pushed myself further than I have before. It has made me a better athlete overall.”
 - “Teamwork, leadership, logistics, finances, organization”
- If applicable, please list how participating on this team has enhanced your Chico State experience:
 - If it was not for this team, I may not want to be at Chico State. It gives me something to look forward to after classes, and helps me be motivated in doing well with school. I have gained lifelong friendships thanks to this club.
 - It gave me my best friends and great memories. It also gave me a second family and support system.
 - Joining this club has been the single greatest thing I did while at Chico State.
 - It gave me the opportunity to meet great people, make memories I will have with me the rest of my life, and was an experience like no other. I wouldn't trade it for anything.
 - This team was part of the reason I chose to attend Chico, and has had a huge impact on my undergrad experience. I cannot express how grateful I am for the team.
 - Gave me a sense of belonging as a freshman and for that I will always be grateful.

VI. Analysis

The addition of an environmentally responsible, lighted, artificial turf field would provide a near-perfect surface for play year-round. With limited maintenance and no customer expertise needed, an artificial turf field offers extended hours of use, increased opportunities for student involvement and the addition of new programming opportunities.

- Can save over 500,000 gallons of water a year
- Turf infill is made from your choice of recycled tires, athletic shoes, or cork.
- Field can be utilized more hours per day with no field recovery time needed and can be used year-round.
- Opportunity to reach an additional 1,000+ students by adding new and expanded programming opportunities.
- Multiple studies have shown that compared to natural grass, artificial turf has shown less athletic injuries.

VII: Program Objectives for Next Academic Year

- Hire a professional full-time athletic training position for the Sport Club Program.
- Develop a Sport Club Fundraising Handbook.
- Continue to work with accounting to transition sports club bank accounts from the Foundation to state-side.
- Continue the efforts of an artificial turf field. This would allow more access to evening and weekend programming as well as diversify our offerings. Work with the Master Planners, FMS, Kinesiology, and Athletics to develop cost estimate and architectural drawing for an artificial turf field with lighting.
- Convert current Acker office space to usable athletic training room and hire athletic trainer as part of the Special Athletic Fee Referendum. This will help with the education and risk management associated with the participation in high risk sports. It will also help our student-athletes.
- Transition online platform and database, used primarily by Sport Clubs, from OrgSync to Engage.
- Offer a menu of packaged inclusive recreation opportunities (dodgeball, archery tag, bubble soccer, trike races, etc) in an effort to reach out to more students and meet the University's Diversity and Inclusion expectations.
- Conduct a mandatory coach's orientation (to cover risk management, expectations, finances, etc.) for sports club coaches.
- Plan, coordinate, and partner on the WREC 10 Year Anniversary events. This will bring awareness to the benefits that campus recreation offers our students when it comes to overall health and wellness as well as recruitment, retention, and the graduation of students.

