California State University, Chico

Division of Student Affairs

WELLCAT PREVENTION

Annual Report 2025-26

I. MISSION STATEMENT

Prevention empowers Wildcats to care for themselves and each other. We support student success through prevention education, bystander intervention, harm reduction, and recovery support.

II. ACCOMPLISHMENTS

Proudly Owning Who We Are - We continued advancing a student-centered public health model that promotes health, safety, belonging, and equitable access to prevention services. During 2025–2026, the department expanded recovery support, peer-to-peer wellness services, overdose prevention education, and harm reduction resources while strengthening support for students from diverse backgrounds through trauma-informed and inclusive programming. Major accomplishments during the 2025–2026 academic year included Chico State's recognition as an Association of Recovery in Higher Education (ARHE) Collegiate Recovery Campus, strengthening support for students in recovery. The Prevention Coordinator also became a Registered Alcohol and Drug Technician (RADT) Trainee I and completed BASICS Facilitator Training, expanding the department's capacity to provide evidence-based alcohol interventions. Additionally, WellCat Prevention developed several new educational resources, including the Alcohol & Consent Spectrum Guide, Harm Reduction Guide, and Alumni Resource Guide, while continuing to expand peer wellness programming and individualized prevention case management.

Leveraging Our Strengths in What We Do - We reached 4,712 students through prevention education, outreach, classroom presentations, and trainings. @WellCatPrevention gained over 60,000 views on Instagram! Individualized student support expanded, resulting in 441 student contacts, including prevention appointments, CARE consultations, recovery support, motivational conversations, eCHECK Up To Go module/BASICS interventions, and coordinated follow-up.

Advancing Our Influence by How We Do Our Work – We strengthened collaboration across Student Affairs and community partners to improve coordinated prevention efforts. Partnerships with CARE Team, University Housing, Student Conduct, University Police, Student Health, Counseling, Athletics, Basic Needs, Youth Nexus, Butte County Behavioral Health, and regional prevention coalitions expanded referral pathways, increased access to services, and improved coordinated student support. One of the year's most significant accomplishments was integrating drink test strips into CSUBuy, thanks to the efforts of the Cross Cultural Leadership Center, creating a sustainable campus-wide system that allows departments to independently order harm reduction supplies and increasing student access to evidence-based safety resources.

Let's Dance! - Prevention brings the music to the EJ Quad! Students stop by the resource table, grab a snack, some Narcan, and bust a move before class! We have continued building a culture of innovation by:

- Presenting Alcohol, Consent, and Campus Culture at the CSU Civil Rights Conference
- Establishing the Campus Prevention & Wellness Group
- Expanding prevention documentation and coordinated care through Maxient
- Increasing campus-wide access to naloxone, drink test strips, and other harm reduction supplies
- Being featured on Action News Now Twice!

III. PROGRAM STATISTICS AND ASSESSMENT FOR PAST YEAR

Data from 2025–2026 demonstrates continued growth in prevention programming, individualized student support, and campus engagement. Expansion of peer wellness services, evidence-based interventions, and harm reduction resources substantially increased access to prevention services while reducing barriers to care. Opportunities for continued improvement include expanding outcome assessment, strengthening recovery programming, increasing peer educator capacity, and utilizing campus data to further guide prevention strategies.

California State University, Chico

Total Services Provided	
Trainings, Outreach, & Programs	4,712
Individual Student Support Meetings	441

Prevention Service	Students Served
Peer-to-Peer Wellness Check-Ins	174
Meet with Prevention Program Coordinator	19
Prevention Program Coordinator Follow-up	29
Meet with CARE Coordinator	106
CARE Coordinator Follow-up	84

Making Healthy Choices (eCHECK Up To Go; Alcohol)	26
Making Healthy Choices (eCHECK Up To Go; Cannabis)	3

Harm Reduction Resource	**Distributed**
Naloxone Kit	**4,464**
Fentanyl Test Strips	**2,300**
Drink Test Strips	**1,895**
Drink Covers	**600**

IV. INTEGRATE UNIT OBJECTIVES WITH STRATEGIC ACTION PLAN IN 2026-27

Proudly Owning Who We Are - Increase student access to prevention, recovery, and harm reduction services by expanding outreach to underserved student populations and strengthening inclusive programming.

Leveraging Our Strengths in What We Do - Increase participation in prevention education and individualized services by expanding peer education, BASICS programming, and evidence-based prevention initiatives.

Advancing Our Influence by How We Do Our Work - Strengthen cross-divisional collaboration by utilizing shared campus data, coordinated referrals, and strategic partnerships to improve student outcomes.

Let's Dance! - Implement a comprehensive prevention assessment framework that measures learning outcomes, behavior change, and program effectiveness across prevention initiatives.

Assessment Focus - During 2026–2027, WellCat Prevention will assess student learning outcomes related to alcohol and other drug knowledge, harm reduction behaviors, overdose response confidence, bystander intervention skills, and student awareness of campus resources.

V. IDENTIFY AT LEAST ONE GOAL/OBJECTIVE THAT SUPPORT THE CHICO STATE PLAYBOOK IN 2026-27

WellCat Prevention will continue strengthening a coordinated campus-wide prevention system that supports student success through early intervention, harm reduction, recovery support, and strategic partnerships. Priority initiatives include expanding peer education, increasing access to evidence-based prevention services, utilizing campus data to guide decision-making, and fostering a campus culture where health, safety, and belonging are shared responsibilities.