

# California State University, Chico

Division of Student Affairs

## Safe Place Annual Report 2018-2019

### I. Department Mission Statement \*

The mission of Safe Place is to support and advocate for victims and survivors of sexual assault, intimate partner violence, and stalking through crisis intervention, prevention education, resources, and referrals.

Safe Place aligns with goals set within the Division of Student Affairs, University Strategic Plan, and the California State University, Chico values and mission. Safe Place goals also support the Council for the Advancement of Standards in Higher Education (CAS) Standards and Outcome Domains:

1. Knowledge acquisition, construction, integration, and application
2. Cognitive complexity
3. Intrapersonal development
4. Interpersonal competence
5. Humanitarianism and civic engagement
6. Practical competence

### Department Goals:

**Confidential Advocacy:** Provide confidential and trauma-informed services to individuals within the campus community impacted by sexual assault, intimate partner violence, and stalking to provide psychoeducation, crisis intervention, and advocacy (USP 2, 4, 8; Division of Student Affairs Goal 3).

**Education and Outreach:** Innovate and sustain creative educational and programmatic events for members of the campus community to engage in topics surrounding sexual assault, intimate partner violence, and stalking to increase awareness and engagement (USP 3; Division of Student Affairs Goal 1).

**Prevention:** Engage student leaders and members of the campus community in preventing sexual assault, intimate partner violence, and stalking through multi-session, culturally competent, inclusive, and student-centered prevention programming (USP 2, 3, 7, 8).

Various studies continue to demonstrate that sexual assault, dating/domestic violence, and stalking continue to impact members of University communities, with numbers still at a 1 in 5 women and 1 in 16 men report experiencing sexual violence while in college (National Sexual Violence Resource Center). In adopting trauma-informed and healing-centered frameworks, safety is the core principle of all Safe Place services. In order for students to achieve academic success and learn to the fullest of their abilities, they must feel safe and supported. The goals of Safe Place directly align with campus climate and safety by supporting students to achieve academic success and holistic support.

Safe Place confidential advocacy services seek to build a network of support and resources around clients by initially addressing safety concerns on and off campus, in conjunction with ongoing

services. Introducing additional campus and community resources to provide ongoing and hands-on services expands their support system and increases their likelihood for success at CSU, Chico.

Our prevention and education services seek to build a campus community of support, collaboration, empathy, inclusion, and empowerment that will ultimately stand against interpersonal violence and change campus culture. Additionally, a safer and more respectful campus environment ensures that the entire campus is supportive, committed, and involved, providing additional opportunities for campus community members to find agency in preventing interpersonal violence during their time at Chico State.

## **II. Department Accomplishments- A highlight**

- ✚ Created two new prevention programs: Wildcats A.C.T. (Alcohol and Consent Training) and Bro Talks.
- ✚ Safe Place co-chairs and leads the Healing Centered Campus Initiative in collaboration with multi-divisional efforts.
- ✚ Presented the leading efforts of Chico State on Trauma-Informed Care and Healing Centered Engagement in Washington D.C. for the Attachment and Trauma Network's *Trauma Sensitive Schools Conference*.
- ✚ Safe Place Administrator co-taught SHAPE the Culture: Student Health and Prevention Education, HCSV 389 in Spring 2019.
- ✚ Safe Place increased services to students of color and LGBTQ community, historically underserved populations for Safe Place
- ✚ Safe Place Interns created sustainable intern projects, manuals, and events
- ✚ Purchased Osnum, a software program for data collection, confidential client files, and scheduling

### **1. New Prevention Programs: Wildcats ACT and Bro Talks**

Wildcats A.C.T (Alcohol and Consent Training) and Bro Talks were both sexual assault prevention programs in collaboration with Student Affairs departments: Campus Alcohol Drug Education Center and Fraternity and Sorority Affairs.

- ✚ Wildcats A.C.T. was facilitated during Wildcat Welcome for all incoming first year residential students, including University Village. Wildcats ACT was a program created by CADEC and Safe Place to provide incoming students a culturally competent and inclusive peer-based prevention program on Affirmative Consent, Alcohol and Drug use and misuse, and bystander intervention. Wildcats ACT reached almost 2,000 first time freshman.
- ✚ Bro Talks is a peer-based and male-engagement focused sexual assault prevention program intended for fraternity students. Two undergraduate Safe Place Interns, created, facilitated, and assessed the program over the academic year. Bro Talks is multi-sessional with four separate presentations organized on a bi-weekly basis. Both students facilitated each presentation for closed fraternity groups, Men of Chico, and a Women's Health class. Phi Delta Theta and Phi Kappa Tau were the two closed fraternity groups who voluntarily participated in all four sessions, with 105 students successfully completing the program.

## **2. Healing Centered Campus Initiatives:**

Safe Place presented efforts of creating a Trauma Informed and Healing Centered Campus at the largest conference on Trauma Informed Care in the United States, (*Trauma Sensitive Schools, Trauma and Attachment Network*). Safe Place collaborated with the Counseling and Wellness Center Associate Director to present Healing Centered Engagement Practices for the Inclusive Teaching Academy. Safe Place also collaborated with CWC counselors and the School of Nursing to present Trauma Informed Practices for Conversations on Diversity.

- ✚ Formerly known as the Trauma-Informed Campus Committee, Safe Place, Cross-Cultural Leadership Center (CCLC), and the Counseling and Wellness Center have taken the lead to expand trauma informed initiatives to healing centered engagement initiatives. “The term healing-centered engagement expands how we think about responses to trauma and offers more holistic approach to fostering well-being.” Safe Place and the CCLC are currently taking the lead on building initiatives in collaboration with multiple departments in Student Affairs, Academic Affairs, and Business and Finance (USP 1,2,4,6,8).

## **3. Increasing services to historically underserved populations:**

Safe Place intentionally worked to increase visibility and accessibility to students of color and the LGBTQ+ community through programs and outreach. Safe Place collaborated with the Gender and Sexuality Equity Coalition (GSEC), Cross-Cultural Leadership Center (CCLC), the Office of Diversity and Inclusion, and Multi-Cultural Gender Studies for domestic violence and sexual assault awareness months.

### **III. Changes in Policies and Procedures**

- ✚ Safe Place collaborated with University Housing, University Police, and Title IX to create a new trauma informed protocol for responding to residential students disclosing sexual assault, dating/domestic violence, and stalking.
- ✚ Safe Place created a triage procedure for the CWC Administrative Support Staff to use when students walk in for a crisis appointment.
- ✚ Safe Place Interns created Domestic Violence and Sexual Assault Awareness Month Event Manuals.
- ✚ Safe Place Interns created a Bro Talks Manual and Assessment to increase sustainability and longevity of the program.

### **IV. Resources Summary**

Safe Place received a 20k allocation from the Vice President of Student Affairs office. Safe Place also received an increase to 5k Work-study dollars to pay student interns. Safe Place assessed and requested an increase of Work-study dollars to compensate student interns for their hard work and dedication. Safe Place purchased Osnum, a confidential software system to track client files, consultation, and outreach, through support of the Student Health Center.

**V. Program Assessment**

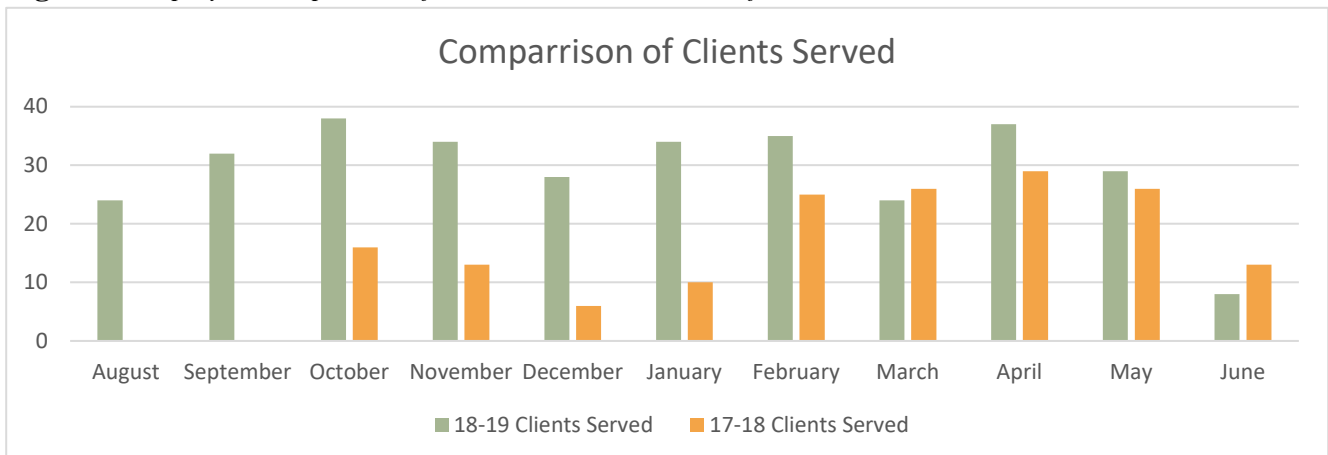
**A. Direct Services**

Safe place provided **938 confidential advocacy services to 184 individuals** impacted by sexual assault, dating/domestic violence, and/or stalking. This compared to 717 confidential advocacy services to 96 impacted individuals in 2017-2018, resulting in a **30% increase in services, and a 92% increase in individuals served**. Safe Place attempted to participate in a Student Satisfaction survey in collaboration with the Counseling and Wellness Center, but the sample size was too small for significant results.

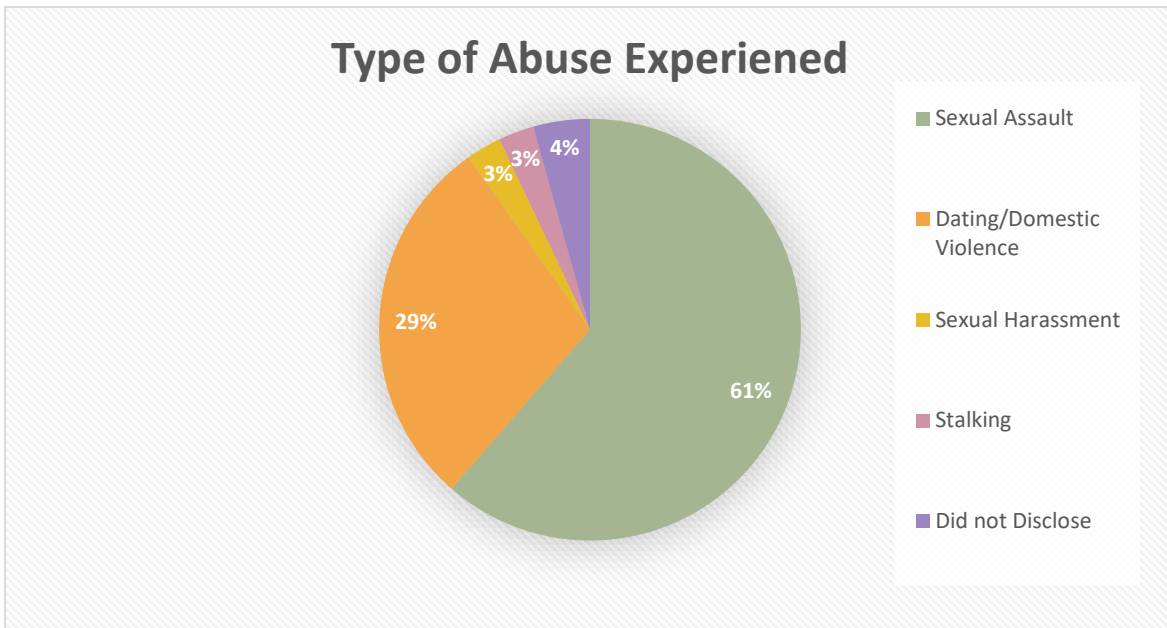
**Figure 1:** shows confidential advocacy services provided by Safe Place for clients served in 2018-2019.

Safe Place Services	2017	2018	% Increase/Decrease
Crisis Counseling	168	303	+80.0%
Phone Contact	43	33	-23.3%
Email Contact	48	120	+150.0%
Title IX Advocacy	52	81	+55.8%
Legal Advocacy	45	57	+26.7%
Title IX Accompaniment	21	14	-33.3%
Accompaniments/ Crisis Response	33	32	-3.0%
Civil/ Criminal Court	6	9	+50.0%
Academic Accommodations	131	147	+12.2%
Consultations	52	56	+8.0%
Referrals In	54	46	-14.8%
Referrals Out	65	40	-38.4%

**Figure 2:** displays a comparison of clients served each month from 2017-2018 to 2018-2019.



**Figure 3:** demonstrates the types of abuse experienced by clients utilizing Safe Place services.



**Figure 4** shows demographics of Safe Place clients compared to the general population at Chico State.

<i>2018-2019</i>	<i>Safe Place Clients</i>	<i>Chico State General Student Population</i>
Female-identified	90%	54%
Male- identified	10%	46.0%
LBTQIA	14%	N/A
African American/Black	2%	2.6%
Asian	5%	5.4%
Pacific Islander	2%	.02%
Multiracial	5%	5.2%
Hispanic/ LatinX	16%	33.3%
White	45%	42.9%
Did not Disclose	24%	6.6%

## B. Outreach Efforts

Safe Place provided prevention education, programs, and training to **4,577** participants in 2018-2019, an increase from **3,003** in 2017-2018. Safe Place provided training and education to various groups across campus and in the community:

- ✚ All recognized Fraternity and Sorority groups
- ✚ Campus Alcohol and Drug Education Center
- ✚ Educational Opportunity Program (EOP) Students
- ✚ Residential Assistants
- ✚ University Housing Professional Staff
- ✚ Catalyst Domestic Violence Services Professional Staff and Interns
- ✚ Gender and Sexuality Equity Coalition Student Staff
- ✚ Men of Chico
- ✚ Inspire Chico
- ✚ Student Learning Center Student Staff
- ✚ Community Legal Information Center
- ✚ Various faculty, staff, administrators, and students

## C. Diversity Efforts

Safe Place increased services to historically underserved communities at Chico State in 2018-2019. In upholding the values of diversity and inclusion, Safe Place worked to make services more inclusive, culturally competent, and safe for individuals from all communities. Safe Place intentionally worked to increase services to the LBGTQIA community and students of color through collaborations with GSEC and the CCLC.

- ✚ Safe Place Advocate Administrator attended CCLC's Asian Pacific Islander Summit
- ✚ Created and sustained intersectional programs and events for Domestic Violence and Sexual Assault Awareness Months
- ✚ Created 'Bro Talks' to engage male-identified students in sexual assault prevention
- ✚ Participated in First Gen Events to increase accessibility and visibility for first-generation students
- ✚ Collaborated with the Office of Diversity and Inclusion for multiple presentations for students, faculty, and staff

**Figure 5:** displays a comparison of Safe Place clients who identified within the LGBTQIA community compared to 2017-2018.

**Figure 6:** displays a comparison of Safe Place clients who identified as individuals of color compared to 2017-2018.

Figure 5

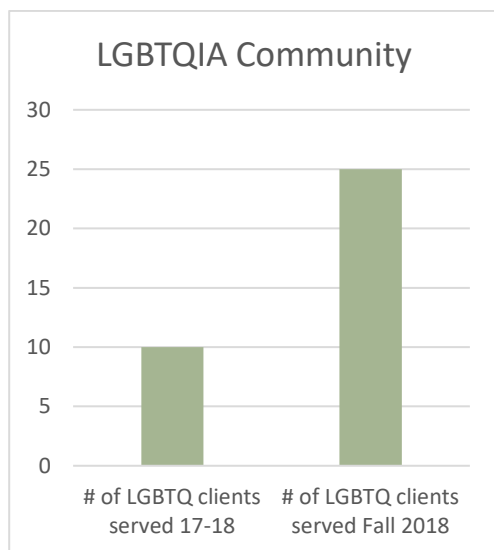
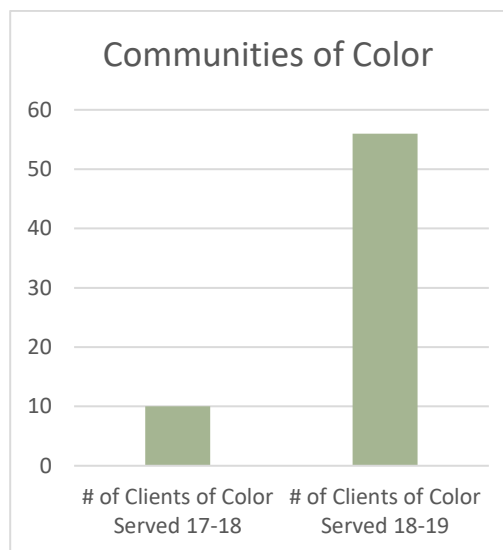


Figure 6



#### D. Programmatic Assessments

Safe Place created and sustained various programs over the 2018-2019 academic year, but focused on assessing the two largest prevention education programs: Wildcats A.C.T. and Bro Talks.

- **Wildcats A.C.T**

Participants participated in a pre and posttest electronic survey. Safe Place and CADEC provided Wildcats A.C.T. to 1,825 first-year residential students in two separate training days, with groups not exceeding 100 students per two facilitators.

- ✚ 96% of the students trained agreed that, they feel familiar with Safe Place and the services they provide

- ✚ 98% of students agreed that, they are familiar with affirmative consent and how they are expected to utilize it

- ✚ 97% agreed that, they know what confidential resource are available to them in the cases of IPV, sexual assault, stalking.

- ✚ 98% agreed they understood various strategies on being an active bystander

- **Bro Talks**

Participants participated in a voluntary and anonymous pre and posttest hard copy survey. Safe Place undergraduate interns and facilitators collected and analyzed the assessments.

- ✚ 88% of participants believed this training was relevant to them
- ✚ 95% of participants now understand active ways to participate in healthy relationships and healthy sex.
- ✚ 93% of participants understand the impact that culture has on sexual violence
- ✚ 88% of participants understand how toxic masculinity impacts their life and relationships
- ✚ 91% of Participants are more empathetic to those who experience sexual assault.
- ✚ **97%** of male-identified participants understand the power they have in preventing sexual assault within their community.
- ✚ **96%** of participants believed they gained tools to prevent sexual violence.

## **VI. Analysis**

Safe Place continues to be an unfortunately necessary department within Student Affairs. As campus advocacy continues to evolve, Safe Place continues to institutionalize and established within the university, with the hope of integrating sexual assault and dating/domestic violence awareness in traditional and non-traditional spaces through a collaborative lens. Safe Place provides a unique service, one unlike any other at CSU, Chico. The efforts of this department directly influence student, faculty, and staff success by providing confidential services and support to address extreme safety concerns, precise explanations of resources, and assistance in inaccessible paperwork and processes. After viewing demographic and service trends, as well as program assessments, there are many key points worth highlighting for the path forward next academic year.

Safe Place served a more diverse group of students in 2018-2019 than 2017-2018, with 30% of all clients being clients of color. However, Safe Place still has a long way to go in becoming a fully inclusive, equitable, and accessible space for all Wildcats. Safe Place collaborated with the CCLC and the Office of Diversity and Inclusion, but can continue to collaborate with more departments, such as Tribal Relations, Dreamers, PATH Scholars, and First Year Experience. Safe Place will continue to participate as a mentor for CCLC Diversity and specific cultural summits to increase accessibility and relationships with students from various cultural backgrounds, as well as to build cultural competency.

Safe Place's programs were widely successful in each objective set. Wildcats A.C.T. was outstanding in its effectiveness and ability to reach so many incoming students in an approachable and relevant way. Bro Talks was an extraordinary program, meeting each objective and resulting in huge impact. Safe Place will continue to sustain and develop these programs, as their impact undoubtedly provided opportunity for individuals to reflect on their own behavior and gain tools on how to identify and intervene in situations where the behavior of someone else is harmful or at risk of violence.



As Safe Place's services, outreach, and prevention efforts significantly increased in 2018-2019 from 2017-2018, sustainability and longevity continues to be a priority. The student staff and professional staff member of Safe Place are at high risk for compassion fatigue and burnout. Safe Place's efforts in the Healing Centered Campus Initiative are to bring awareness and support for the importance of boundaries, manageable workload, and impact of trauma on service providers. As Safe Place continues to grow, it is very important for the department to continue to seek support and collaboration from the Counseling and Wellness Center, Student Health Center, and additional departments on campus to refer and assist those impacted by interpersonal violence. Safe Place also needs adequate spacing in order to expand services and connection to the campus community. As Safe Place continues to establish itself as a vital piece of Student Affairs, the need will only continue to grow.

Safe Place commits to continuing to uphold a standard of trauma informed and healing centered principles of safety, choice, collaboration and mutuality, trustworthiness, empowerment, and cultural, gender, and historical issues in all direct and non-direct services. As Safe Place continues to invest in the Healing Centered Campus Initiative, integrating healing centered practices with trauma informed care will be a priority. In order to continue to improve, Safe Place will prioritize and invest in a Client Satisfaction Survey to assess client experience based in effective of service and the principles listed above. As Safe Place services grow, the hope for space, staff, and resources match will be a priority moving in to the next academic year to increase capacity for our students, faculty, and staff to feel safe and resilient in their healing from trauma.

## **VII: Program Objectives for Next Academic Year**

Objectives for academic year 2019-2020:

***Goal:*** Update and edit Safe Place Mission Statement

To align with healing centered principles, Safe Place will revise the mission statement to evolve from wording, such as *victim*.

***Goal:*** Address sustainability issues for Safe Place programs, direct services, and training

Safe Place continued to advocate for additional staffing and space in order to sustain services for the campus community. Safe Place will also work to condense programs and trainings by increasing collaborations and utilizing student interns.

***Goal:*** Identify a central space for Safe Place that is safe and accessible, and provides the opportunity for Safe Place to expand

Safe Place is currently working with the Vice President of Student Affairs office to pinpoint safe, inclusive, and accessible space on campus for Safe Place to settle in.