

# Safe Place

## I. Department Mission Statement

The mission of Safe Place is to support and advocate for victims and survivors of sexual assault, intimate partner violence, and stalking through crisis intervention, prevention education, resources, and referrals.

## II. Department Goals:

- Safe Place has two primary goals: To ensure that student, faculty, and staff victims and survivors of interpersonal violence receive the support and resources they need to ensure their success and safety at CSU, Chico; and to educate the campus community on the dynamics of interpersonal violence and how they can prevent it.
- In an effort to make learning a primary goal at CSU, Chico (USP 1), ensuring the safety of our campus community is essential. Safe Place's goal to ensure the safety through support and resources creates spaces where survivors of interpersonal violence have an opportunity to continue to engage in their learning process and find academic success (SA 3). Additionally, educating students, faculty, and staff about the prevalence of interpersonal violence is the first step in preventing it. Whether through formal trainings, workshops, events, or conversing individually with students, meeting campus community members with approachability, authenticity, and cultural competency is vital to truly changing culture at CSU, Chico.
- It is estimated that 1 in 5 females and 1 in 16 males experience sexual assault while in college, and over 90% of victims do not report their assault to law enforcement. Nearly half (43%) of dating college women report experiencing violent and abusive dating behaviors from their partners. In order for students to retain information and participate in their classes or extracurricular activities on campus, their basic need of safety must be met. Students, faculty, and staff who feel safe, supported, and connected will have better outcomes in their experience at CSU, Chico.
- Safe Place's intervention services seek to build a network of support and resources around victims and survivors of interpersonal violence by initially being safe place for the person to land and providing a corrective relational experience. Safely introducing them to additional resources on campus to provide ongoing and specific services expands their support system and increases their likelihood for success at CSU, Chico.
- Our prevention education services seek to build a campus community of support, collaboration, empathy, inclusion, and empowerment that will ultimately stand against interpersonal violence and change campus culture. Additionally, a safer and more respectful campus environment ensures that the entire campus is supportive, committed, and involved in preventing violence. Providing additional opportunities for campus

community members to find agency interpersonal violence prevention during their time at Chico State.

### III. Department Accomplishments

- Direct Services
  - a. Provided services to 96 new students from Oct 2017- June 2018
  - b. Completed California Sexual Assault Counselor Certification
  - c. Safe Place Advocate Administrator moved to the Counseling and Wellness center to increase visibility and accessibility for students, faculty, and staff
- Outreach
  - a. First year of the Clothesline Project
  - b. Safe Place Advocate Administrator presented to 3,003 students, faculty, and staff
  - c. Newly co-chaired Red Tent event
  - d. Provided trainings to faculty and staff in preparation for Campus Climate Survey: Chico Speaks
- Committees
  - a. Restored Trauma Informed Campus committee
  - b. Attended Campus Climate Survey committee to ensure all outreach and programming was trauma informed
  - c. Title IX committee meeting
  - d. Butte County Sexual Assault Response Team (SART) and volunteered to participate in a subcommittee for Outreach and Education
  - e. Member of the Transgender Task Force
  - f. Joined the Women's Round Table Leadership committee
  - g. Joined Wildcat Welcome committee to be more involved in interpersonal violence prevention programming for incoming students
- Increasing Direct Student Services
 

Safe Place served 96 new clients and provided 717 ongoing client services. These services included crisis counseling, academic accommodations, crisis response to the Student Health Center (SHC) or University Police (UPD), legal advocacy, Title IX accompaniment, and housing accommodations. Safe Place prioritized Outreach programming through presentations and tabling to increase visibility and accessibility on campus. Each person that came through the doors of Safe Place was believed, supported, and provided resources after experiencing a traumatic event. According to the spring 2018 Counseling and Wellness Center Impact survey, 100% of students who utilized Safe Place services felt like they could trust their counselor.

Safe Place Services Provided Duplicated	
Crisis Counseling (in person appointments/walk ins)	168
Phone Contact	43
Email Contact	48
Title IX Advocacy (providing information on process)	53
Legal Advocacy (providing information on for civil/ criminal process)	45
Law Enforcement Accompaniment	14
Title IX Accompaniment	21
Student Health Center Response	12
Academic appointments (Advising, Accessibility Resource Center, Financial Aid, etc.)	5
Restraining Order Hearings/ Criminal Court	6
Academic Accommodations	131
Housing Accommodations	1
Consultations (consulting with a therapist, faculty member, Title IX investigator about student, faculty, or staff)	52
Referrals In (SHC, UPD, Title IX, CWC)	54
Referrals Out	65

Number of Clients Served	
Unduplicated (new students served)	96
Duplicated (total number of services provided)	717

Categories of Interpersonal Violence	
Sexual Misconduct	52
Sexual Harassment	7
Stalking	12
Domestic Violence	25

- Clothesline Project

The Clothesline Project is a national awareness event meant to provide a visual representation of domestic and sexual violence statistics that are often ignored. Students, faculty, and staff were invited to decorate a shirt for domestic and sexual violence awareness, whether it was a representation of their own experience, someone they knew, or general awareness. Safe Place collected the shirts and hung them in Glenn Lawn for an entire week in April for Sexual Assault Awareness Month (SAAM). It originated in Hyannis, Massachusetts in 1990 when a member of the Cape Cod's Women's Defense Agenda learned that during the same time

58,000 soldiers were killed in the Vietnam War, 51,000 U.S. women were killed by their abusive partners. Safe Place provided all of the materials and offered giveaway shirts with the saying, "Your Voice Has Power." Over 125 shirts were decorated by students, faculty, and staff. The Clothesline Project will be an annual Sexual Assault Awareness Event at CSU, Chico.



To Prevent. To Educate. To Heal.



- **Restoring Trauma-Informed Campus**  
The Trauma-Informed Care committee was previously led by the Director of Student Health Services and supported by the Safe Place Advocate Administrator. In the structural changes of Student Health, Safe Place stepped into the leadership role for the Trauma Informed Care committee, maintaining previous members and inviting new committee members on board from Advising, Student Health, and Title IX. Safe Place offered trainings to faculty and staff on the basics of trauma informed care in preparation for the Campus Climate Survey: Chico Speaks. The committee is currently working on a website for faculty and staff to utilize as a resource on responding to students with trauma histories, how to create a trauma informed classroom, and resources on and off campus. The committee is also working toward providing trainings to faculty and staff, as well as partnering with Butte County's trauma informed care team.
- **Diversity Efforts**
  - Safe Place Advocate Administrator volunteered as a mentor for Cross-Cultural Leadership Center (CCLC) Black/ African American Summit
  - Volunteered as a mentor for Equal Opportunity Program Summer Bridge
  - Developed programming for Healthy Relationships Week to target the intersectionality between intimate partner violence and race: Race & Relationships with the CCLC
  - Developed programming with Gender Sexuality and Equity Center (GSEC) for Healthy Relationships Week: LGBTQ+ Healthy Relationships
  - Participated in Revolution inside the Revolution for female Cuban author awareness and advocacy
  - Created inclusive outreach materials in support of Dreamers, Black Lives Matter, and the intersectionality of interpersonal violence, race, and gender

#### **IV. Changes in Policies and Procedures**

- Safe Place and the Title IX department created a new protocol for an advocate to be present for Title IX intake meetings
- Safe Place created a referral sheet for coverage when advocate is out of the office with the Counseling and Wellness Center
- Redesigned intern training to compensate for different learning styles and hands-on learning opportunities
- Created 'Crisis Hours' specific for walk-in and emergency services for students with acute trauma
- Safe Place revamped crisis response protocol to University Police, Student Health Center, and Enloe Hospital

## V. Resources Summary

### Budget Summary

- Safe Place operating expenses for 17-18 was \$22,675.10. Staff salary and benefits totaled \$63,176.10.
- Promotional items and Outreach Materials consisted of giveaways for students, such as lip balm, keychains, Chico Bags, pens, t-shirts for the Clothesline Project, new pamphlets with the updated location, and menstrual products for the Red Tent event.
- Professional Development comprised of conferences attended by Safe Place Advocate Administrator, subscriptions and supplies for interns. Safe Place Advocate Administrator attended Grant Writing Conference, End Violence against Women International, PAUSE Student Affairs Conference, and CSU wide Advocacy Conference.
- Event logistical items included fees for room reservations, film screening rights, yard signs, shirts, paints, and markers for the Clothesline project, along with snacks for students who attended the events.
- Office Supplies consisted of printing services, cardstock, telephone services, and general supplies needed to operate Safe Place.



#### Human Resources:

- Safe Place hired a new Safe Place Advocate Administrator, Alix MacDonald, who started in October 2017. Alex Brown, former Safe Place Advocate Administrator left the position in July 2017. Counseling and Wellness provided crisis counseling for victims and survivors of sexual assault, intimate partner violence, and stalking during the recruitment and hiring period.
- Safe Place Advocate Administrator now reports to the Associate Director of the Counseling and Wellness Center (previously reported to the Director of Student Health).

#### Facilities/Equipment:

- Safe Place Advocate Administrator moved from Brice House to the Student Services Center (SSC), 430. Although Brice House offered a larger and more private space, feedback from students, faculty, and staff concluded that it was inaccessible. Many people who experience trauma do not reach out for services, so making those services as accessible and approachable as possible is vital to supporting students, faculty, and staff at CSU, Chico. Moving to the SSC also increased referrals and accompaniment services. The change of supervision from the Director of Student Health to the Associate Director of Counseling and Wellness aligned with moving the program to the SSC, however the Safe Place Internship program struggled with the interns remaining in Brice House and the Advocate Administrator in the SSC. In order for interns to have adequate supervision and support, space in the SSC is vital to the program's success.

## VI. Program Assessment of Past Year

Listed below are the Program Objectives from the previous Safe Place Advocate Administrator. Due to the new Safe Place Advocate Administrator starting in October, having a different vision for the program, and the inability to attend a Green Dot Training, many objectives were not applicable or continued.

Objective: Identify a range of Early Adopters in the student population to personally invite to the full Green Dot training

Status: *Not applicable*

Objective: Continue to develop relevant and accessible messaging and outreach materials to accompany Green Dot trainings and allow the campus community to engage further with the messages that a)

violence is not okay and b) there is something we can all do about it at Chico State

Status: *Met* (relevant to all outreach materials and separate from Green Dot Trainings)

Objective: Do targeted outreach to faculty members to increase buy-in for the Green Dot Program and values

Status: *Continued*

Objective: Develop a training manual for graduate student Advocacy Interns for the next academic year

Status: *Not applicable*

Objective: Recruit graduate-level student interns to fill Advocacy roles at Safe Place

Status: *Not applicable*

Objective: Enhance consent and healthy relationships curricula, and offer these curricula to a broad range of student populations

Objective: *Met*

#### Program Objectives (Oct 2017- June 2018)

Objective: Increase accessibility and visibility of Safe Place for students, faculty, and staff to utilize direct services

Status: *Met*

Objective: Collaborate with programs serving underserved populations to increase accessibility and build connection with students, faculty, and staff who traditionally would not utilize services.

Status: *Met*

Objective: Shift prevention programming to Safe Place interns as peer-educators and focus on first-year and residential students, as well as training leaders in the campus community from athletics, Greek life, and other student organizations.

Status: *In progress*



## Ongoing Assessment Efforts:

### Demographic Reporting:

Demographics	Male	Female	LGBTQ+
Hispanic	1	16	5
White	4	38	6
African American/ Black	0	1	Did not disclose
Asian/ Asian Pacific Islander	0	5	Did not disclose
Multiracial	0	8	Did not disclose
Unknown/ Data Not Collected	3	20	Did not disclose

### Service Usage Summary:

- Safe Place served 96 new clients and provided 168 in-person crisis-counseling services in 2017-2018, compared to 56 new program participants, for 93 appointments in 2016-2017 academic year.
- Safe Place also provided many outreach services, totaling in 3,003 students, faculty, and/or staff receiving training or education on trauma informed care, sexual assault, dating violence, consent, healthy relationships, etc.
- The Safe Place Advocate Administrator supervised a total of 4 interns for the academic year
- Co-chaired the Red Tent event and had over 125 participants in the Clothesline project.
- Safe Place successfully provided awareness events for Domestic Violence Awareness Month (October), Healthy Relationships Week (February), and Sexual Assault Awareness Month (April).

## VI. Analysis

Sexual assault, intimate partner violence, and/or stalking is something that no student, faculty, or staff should experience, but unfortunately, these crimes occur at outrageous rates. Safe Place is meant to be a space for members of the campus community to receive support, education, and resources to provide hope, safety, and connection. The amount of participants utilizing Safe Place services did not increase because more violence is occurring at CSU,

Chico, but rather Safe Place became more accessible, and the campus culture surrounding interpersonal violence is changing. Collaborating with programs on campus is vital to students viewing Safe Place as accessible. Many students think, "I know what happened to me wasn't right, but it does not seem like rape. Could I even report this?"

Many people in the campus community have only been exposed to myths about sexual assault, intimate partner violence, and stalking. Safe Place outreach efforts provide students, faculty, and staff an opportunity to learn about the realities of interpersonal violence, that it is often perpetrated by someone the victim knows, alcohol is often involved in college campus incidents, and it affects all genders. Safe Place not only serves students who have experienced interpersonal violence, but also provides trainings and presentations on how to prevent it from occurring in the first place. Safe Place prioritizes meeting students where they are by removing shame around having conversations about consent, providing students a platform to talk about victim blaming and gender roles, giving students tools on how to ask and give consent, along with learning how to be an active bystander if they see abusive situations.

Moving forward in the next academic year, Safe Place will continue to prioritize visibility and accessibility on campus through outreach presentations, tabling opportunities, and collaborative partnerships. Safe Place interns will receive training to provide peer-education prevention by having conversations on consent, connection, intimacy, healthy masculinity, and bystander intervention. In order to keep up with the demand of students needing services, Safe Place will partner with community agencies and the Counseling and Wellness center to ensure students are well supported.

## **VII: Program Objectives for Next Academic Year**

Objectives for academic year 2018-2019:

- Collaborate with Butte College Safe Place for awareness events, trainings, and internship trainings
- Provide Trauma-Informed Campus trainings to faculty and staff
- Collaborate with faculty on new prevention curriculum that is more cost effective and accessible than Green Dot
- Create a sexual assault support group
- Expanding interpersonal violence awareness events to set CSU, Chico apart from community based programs by offering lectures and workshops on advanced topics within the field of advocacy and community psychology