



School of Social Work
Field Education Program
Chico, CA 95929-0550
Phone: (530)-898-5632 Fax (530)-898-5574
www.csuchico.edu

Student Reflective Essay on Fall Semester Practicum

A significant quality of developing a professional self is imbedded in the reflection we do about our work. You have been asked throughout the semester to reflect on your practice behavior, values, ethics, theoretical approach, and social work skills. This last assignment is intended to capture some of these reflections about learning how to do professional social work. Your essay will be evaluated on the relevance and depth of reflection, as well as your use of good writing mechanics, and should be typed double-spaced. This professional development essay is not limited to, but must include the following areas:

- I. **The Agency:**
 - a. How did you perceive the agency initially?
 - b. How do you perceive the agency now?
 - c. What do you see as the strengths in this agency for your learning and practicing social work?
 - d. Do you see resources within the agency that have not been utilized for your professional development that could be accessed?
 - e. If you had a magic wand, what would you change about this agency and your field practicum?
- II. **How would you describe yourself:**
 - a. At the beginning of field practicum?
 - b. At the present time?
 - c. In terms of any differences between when you started the field practicum and now?
 - d. In relationship to workers, clients, the agency and the community as each of these have affected your learning?
- III. **Review your Learning Contract and describe the progress you have made towards meeting the goals you developed with your Agency Field Instructor. What areas for professional growth do you want to work on during the spring semester, and what do you need from your practicum to make this happen?**
- IV. **What would you:**
 - a. Like more of in your practicum?
 - b. Like less of in your practicum?
 - c. How can you make A and B happen?