

50 YEARS OF RESILIENCE

*Honoring the Hmong Journey and
Advancing Mental Health for Future Generations*

Saturday, March 29 • 8 AM - 5 PM
BMU 100 • Chico State • 400 W 1st St Chico, CA



Keynote Speaker

DR. CALVIN YANG

Resilience in Tradition

Keynote Speaker: Dr. Calvin Yang
Expert in mental health and cultural resilience

Preserving Our Stories

Reflection on the Hmong community's
experience

Connecting Generations

Interactive Workshops on:

- Mental health strategies for future generations
- Education and cultural preservation

REGISTER TODAY!

Seats are limited. Registration is required.

TO REGISTER:

SCAN, TAP OR CLICK QR CODE



**FREE &
OPEN TO THE
PUBLIC**

Questions? Contact tvang@csuchico.edu
Offering Continuing Education Hours