SAFETY MATTERS

Chief John M. Reid, Chico State Police Department
530-898-5555
www.csuchico.edu/up
SAFETY MATTERS

- An exciting, inspiring, and transformative time in your student’s life.

- At the same time, college can be overwhelming.

- To get the most out of their time here, your student will need to feel safe.

- The good news is that crime on campus is on the decline, but your student must remain vigilant.
Chico State publishes an annual security report that includes:
- Crime statistics;
- Security procedures and practices;
- Crime prevention programs;
- Alcohol and Drug information;
- Sexual Violence information;
- Emergency notifications;
- Missing Student notifications

Google Search “Chico State Annual Security Report.”
CHICO STATE POLICE

- Located at the corner of 2\textsuperscript{nd} Street and Chestnut

- State certified police officers and 911 dispatchers are on duty 24/7/365

- Authority no different than municipal or county peace officers

- Primary duty is the enforcement of state law on the grounds or properties owned, operated, controlled or administered by the California State University.
CAMPUS POLICING IS DIFFERENT

- Focus on community caretaking
- Different enforcement options
- Focus on prevention
- Must work well with young adults
- Undergo different training
OTHER IMPORTANT SAFETY RESOURCES

- Accessibility Resource Center;
- Basic Needs Project;
- Counseling and Wellness Center;
- Health Center;
- Office of Diversity & Inclusion;
- Off-Campus Student Services;
- CARE Team;
- Safe Place; and
- Alcohol and Drug Education Center
STUDENT TRAINING

- Not Anymore – a video based sexual misconduct prevention program.
- AlcoholEDU – an interactive online alcohol education program.
- Reach Out and Respond: a peer lead bystander intervention program.
- Active Shooter – Outlining the “Run, Hide, Fight” survival method.
IS CHICO STATE A SAFE CAMPUS?
 UNIVERSITY POLICE can be reached 24/7 at 530-898-5555.

This summer work with your student to get UPD’s number programmed into their phone and highlighted as a favorite.

The University Police Dispatcher can serve as your student’s bridge to all available campus resources.
CHICO STATE ID CARD

Jenny Lange
STAFF
004582945
Chico State ID
University Police: 530-988-5555

National Suicide Prevention Lifeline: 1-800-273-8255
Butte County Crisis Line: 530-891-2810
Crisis Text Line: Chico State Counseling Center: 530-898-6345
Text HOME to 741741

Library #: 47588392930485
**IN CASE OF EMERGENCY**

- Summer is a great time to ensure that your student has ICE info on their mobile phone.
- Your student should always have their phone locked with a passcode or touch ID but there is a way public safety personnel can access emergency contact information when needed.
- Google “How to add emergency contacts to my phone’s lock screen.”
The University sends notice of on-campus emergency situations to students, faculty and staff.

Messages are sent via a call to mobile number, text message, email.

Chico State Alerts is considered an opt-in system. You must enter your information.

Google Search: “Chico State Alerts.”
CHICO STATE MOBILE APP

In your head.  In your phone.

Chaos.  Order.

Simplify college life with our new mobile app.
TURNING TO FREE TECH: CIRCLE OF 6

A Free App that Prevents Violence Before it Happens

Winner of the 2011 HHS / White House "Apps Against Abuse" Challenge

Featured in:

COSMOPOLITAN  marie claire  abc  NBC
Encourage your student to take the time to adjust the privacy settings on all their social media accounts so that only those they trust know their information and whereabouts.

It may be second nature to check-in on various social media platforms or update sites with plans for the evening but everyone should not be able to access that information.
CONSIDER TAKING A SELF-DEFENSE COURSE

- Encourage your student to take a self-defense course. Self defense courses help make them more aware, prepared and ready for any hostile situation should it arise.

- The Chico State Police Department offers the RAD self defense course each semester. It is open to all students. Call 530-898-5555 for more info.
CARRY PEPPER SPRAY

- Pepper spray, in a container 2.5 ounces or less, may be carried on campus and can be used for self-defense.

- UPD recommends the OC canister be carried in a dedicated accessory bag attached to the outside of a student’s backpack.
USE THE CAMPUS CONNECTION SHUTTLE

- Campus Connection provides students a free, safe and reliable way to travel on-campus after dark. Call 530.898.5555 or search "Chico State Campus Connection" for more information.

- The Campus Connection Shuttle operates every night from 6:00pm to midnight during the fall and spring semesters.
CHECK IN WITH FAMILY AND FRIENDS

- Encourage your student to “check-in” with family or friends should they be planning to do something different from their normal routine.

- You don’t need to know where they are or who they are with at all times but if they’re going out of town or taking a solo trip somewhere it’s always a good idea for them to let you or friends know where they are going and when they’ll be back.
As with on-campus safety a student’s first line of defense in an emergency off-campus is to call “911”

Living off campus means that students will fall under the protection of the City of Chico Police Department – **530-897-4900**

Chico Police are very familiar with the student community so student’s should not hesitate to call when necessary.
BEYOND CAMPUS — OFF CAMPUS STUDENT SERVICES

- The Office of Off-Campus Student Services serves as an effective bridge to off-campus services or general community life.
- It is not uncommon for students to experience some difficulty accessing off-campus resources and services – housing, healthcare, legal, etc.
- Mr. Dan Herbert at 530-898-6131 or search Chico State Off-Campus Student Services
The mission of Butte County 2-1-1, or Help Central is to connect residents in need with services that offer help.

- Call the 2-1-1 helpline 24 hours/day for live help or visit helpcentral.org
- www.helpcentral.com
GENERAL SAFETY TIPS — ON CAMPUS

- Stick to well-travelled and well-populated routes. At night, take routes that you are familiar with and that are well lit. Use the Campus Connection Shuttle.
- Whenever possible, travel with a friend or in a group. There is safety in numbers.
- Don’t hesitate to report suspicious persons or activities, or if you feel unsafe.
- Familiarize yourself with the campus and the emergency phone locations on campus.
- Make an effort to be aware of what is going on around you at all times.
GENERAL SAFETY TIPS — DORM OR APARTMENT

- Be sure to use the main entrance whenever possible. Never let anyone in that you don’t know.

- Make sure to keep your dorm room locked, especially when alone in the room or sleeping.

- If you lose your apartment or room key, report it immediately to your manager or RA.

- If you can, keep all valuable personal items and documents locked away in a drawer or safe inside your dorm room or apartment.

- If you have a car, park in a well-lit location and keep it locked at all times. Do not store personal property inside your vehicle.

- Do not leave windows open. Close them and lock them when you’re away or at night.
GENERAL SAFETY TIPS — PARTIES AND SOCIAL EVENTS

- Know your drinking limits and stay well within them. Know when to quit and when to leave situations that encourage you to continue consuming past your limit. Do not mix drugs and alcohol and do not accept them from someone you don't know and trust.

- Watch your drink as it’s being made or poured and do not leave it unattended.

- Always have a designated driver/walker. Use Uber/Lyft.

- When on a date, make sure someone you trust knows whom you are with, where you are going, and when you expect to get home. Make sure your date understands the rules of verbal and sober consent and that you have consent before engaging in any sexual behavior.
GENERAL SAFETY TIPS — OFF-CAMPUS

- Be sure to become informed about your new community. Learn about the “good parts” and “bad parts” of town and remain aware of your surroundings at all times.

- Familiarize yourself with the location of police and fire stations, and the Enloe Hospital Emergency Room. If you feel you are being followed or unsafe for other reasons, do not hesitate to go to the nearest station immediately.

- If living off-campus, be particularly mindful of fire safety. Check to ensure your smoke alarms are working and plan for what you would do in an emergency.

- If living off-campus and planning to be away between semesters or for a holiday, take your valuables with you if you can. Be sure your landlord or trusted neighbors know that you’ll be away and when you intend to return.
INTERACTING WITH PERSONS EXPERIENCING HOMELESSNESS

- Be Smart – Are they asleep? Intoxicated or affected by drugs? Do you feel at all threatened? If the answer to any of these questions is ‘no’, then you could proceed.

- Always think first about your own safety. Never offer rides in your car to someone you don’t know, and never stand with anyone in a poorly lit place or secluded location. Are you with a friend? Are other people around?

- If you feel unsafe, don’t worry about being rude. Just leave the situation. Your safety is a top priority.
INTERACTING WITH PERSONS EXPERIENCING HOMELESSNESS

- Say HI – Introduce yourself by giving your name first. There is no harm in asking them their name and how they are.

- Conversation? - Have a chat about the weather or another general topic if that seems possible. From there you might ask if they are taking advantage of local services. Listen to their story. Remember their name.

- Stay at a distance that is comfortable for both of you. Get on their level – Is your eye contact level?

- What should I give them? – Offer instructions on how to get to a Center which could potentially be of great help to them. Another way to offer help is by creating simple “care bags” that include small items like toothpaste, lip balm, socks, etc.
WHAT TO DO IF YOU ARE THE VICTIM OF A CRIME

- Call the police: the sooner the better. UPD connects victims to advocacy groups. Getting the authorities involved will help you move towards recovery.

- Seek medical attention: Medical personnel will also connect you with support and advocacy organizations.

- Consult legal counsel: Attorneys can help you determine all your legal options.

- Seek a civil protection order: If you are the victim of an assault, you have the right to file a civil protection order to ensure your future safety.

- Request housing and/or academic accommodations: This may help to remove you from the situation and puts you in contact with a network of departments dedicated to your recovery.

- Create an on-going safety plan: The police can help with this step.
GETTING HELP: CAMPUS RESOURCES

- Police Department
  - Chief John Reid at 530-898-5555 or search Chico State Police

- Dean of Students
  - Ms. Sandy Parsons at 530-898-6131 or search Chico State Student Affairs

- Chico State Counseling, Mental Health, and Substance Abuse Programs

- Chico State Sexual Assault and Relationship Violence Services
QUESTIONS?